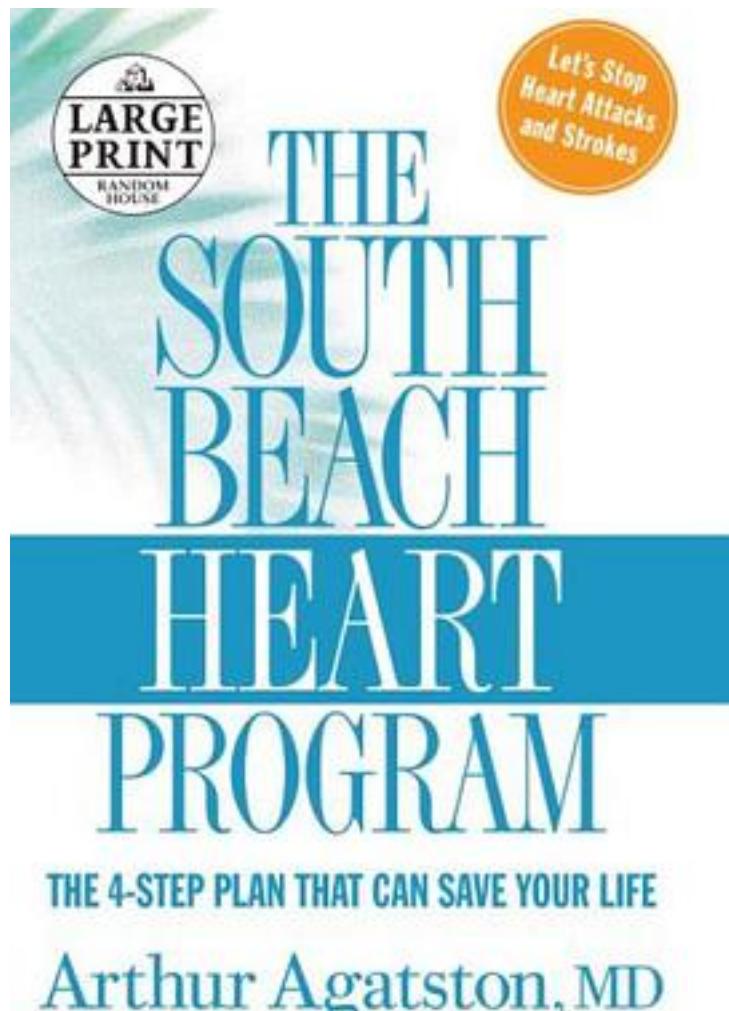


The South Beach Heart Program



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This year more than 1 million Americans will have a heart attack or stroke, making heart disease the leading cause of death in men and women in this country. But thanks to his aggressive prevention approach to treating heart disease, renowned cardiologist Dr. Arthur Agatston, creator of the Agatston Score for measuring coronary calcium, rarely sees a heart attack or stroke in his practice.

Now in his most passionate book yet, Dr. Agatston champions a revolution in cardiac care that will empower people to save their own lives.

Just as millions of people have successfully adopted Dr. Agatston's South Beach Diet, now millions can lead longer and healthier lives thanks to his South Beach Heart Program. Living without heart disease is clearly within our reach.

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目录:

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