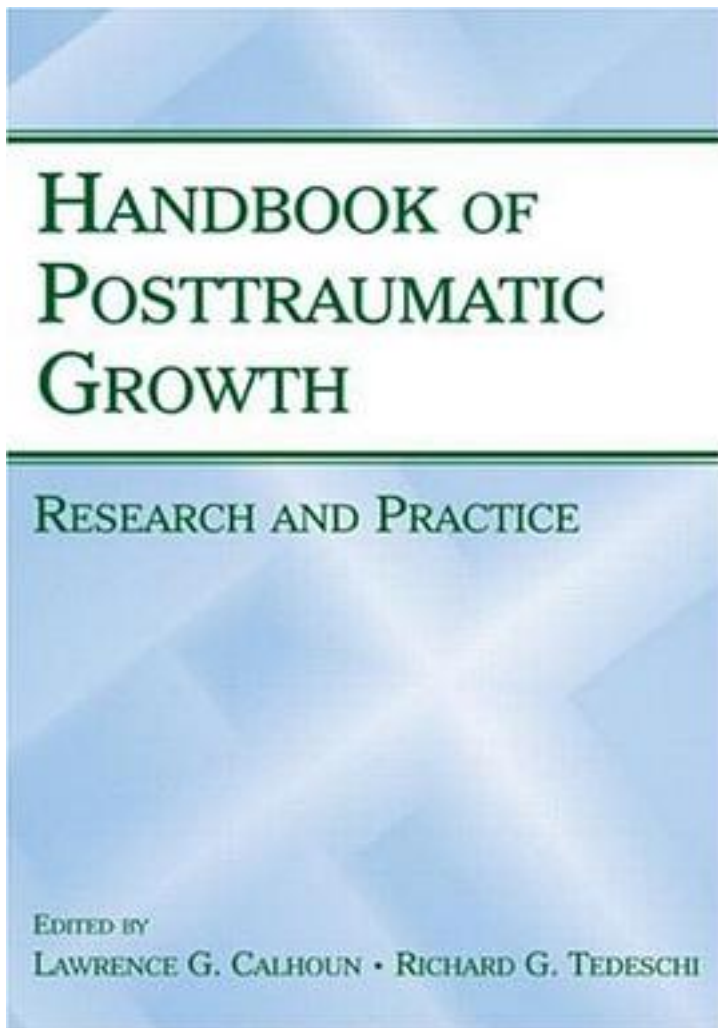


The Handbook of Posttraumatic Growth



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Posttraumatic growth is an area in which investigations are now being undertaken in

many different parts of the world. The view that individuals can be changed--sometimes in radically good ways--by their struggle with trauma is ancient and widespread. However, the systematic focus by scholars and clinicians on the possibilities for growth from the struggle with crisis is relatively recent. There are now a growing number of studies and scholarly papers on the antecedents, correlates, and consequences of posttraumatic growth, and there are also theoretical models that can help guide the research further. It is clear, however, that this phenomenon is not yet well understood. The Handbook of Posttraumatic Growth: Research and Practice provides both clinicians and researchers with a comprehensive and up-to-date view of what has been done so far. In addition, it uses the foundations of what has been done to provide suggestions for the next useful steps to take in understanding posttraumatic growth. The book offers contributions of important and influential scholars representing a wide array of perspectives of posttraumatic growth. This volume serves as an impetus for additional work, both in the academic aspects and in the possibilities for clinical applications of posttraumatic growth. This Handbook will appeal to students, practitioners, and researchers working in a broad array of disciplines and human services.

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