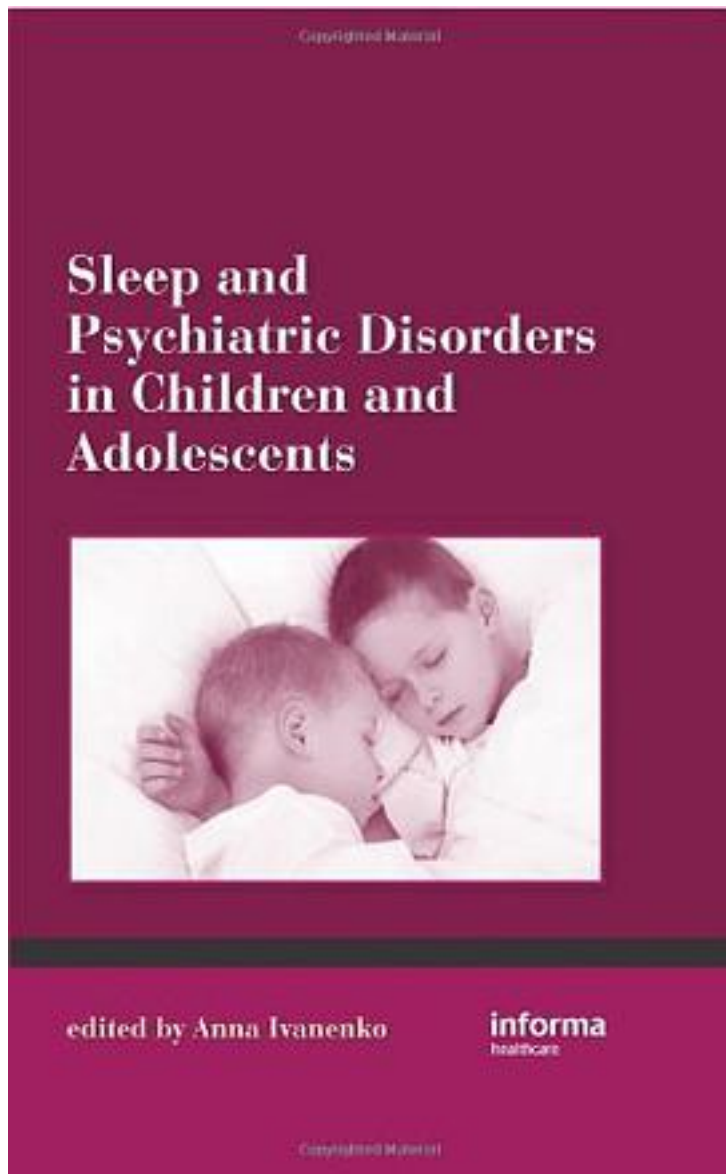


# Sleep and Psychiatric Disorders in Children and Adolescents



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The first book to offer an in-depth study of the relationship between sleep disorders and common psychiatric disorders in children, this new edition to Informa's "Sleep Disorders" series covers: sleep and attention deficit/hyperactivity, autism, and anxiety/depression - sleep disorders and obesity (including diabetes and metabolic syndrome), a subject that recently has become very prevalent in independent research studies - current pharmacotherapies for pediatric insomnia, with an overview of pediatric psychopharmacology - cross-cultural issues in sleep practices and habits - medical-legal aspects of pediatric sleep medicine In addition "Sleep and Psychiatric Disorders in Children and Adolescents" includes practical tools for the clinician in treating children that include guidelines to assess sleep, sleep questionnaires, and behavioral scales, making this a great well-rounded resource, for not only sleep specialists, but psychiatrists, neurologists, and pediatricians as well.

作者介绍:

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