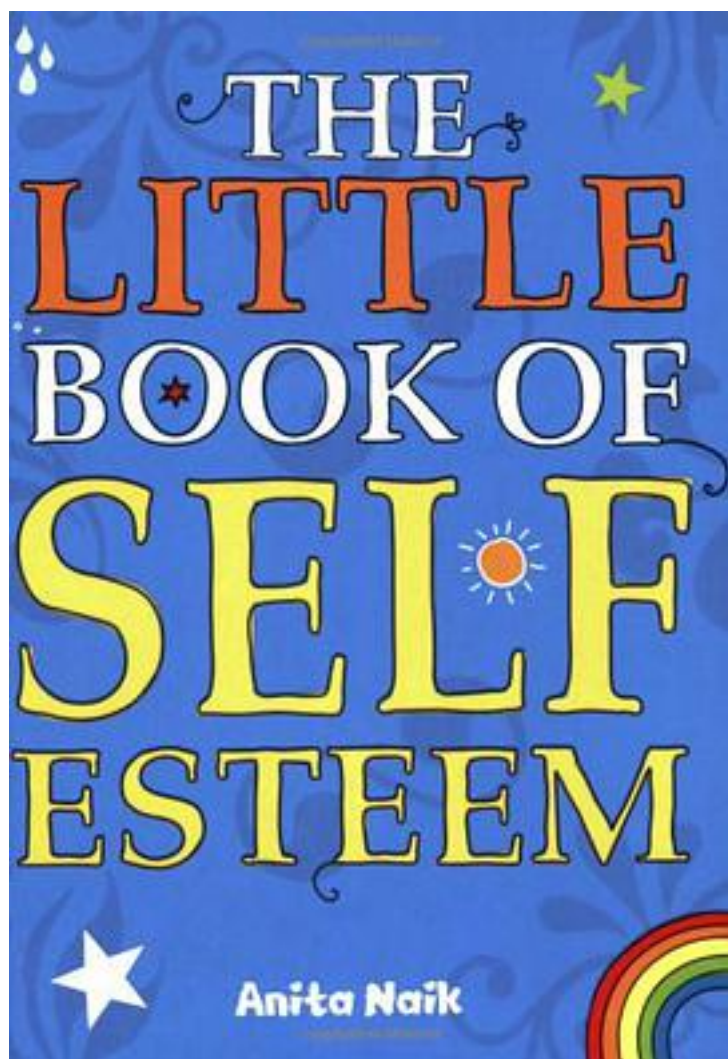


# Little Book of Self Esteem



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Top teen writer Anita Naik comes to the rescue of the many teenage girls whose self esteem needs a boost. With 50 positive tips, The Little Book of Self Esteem will help readers to accept who they are, deal with with peer pressure, aim high in life and feel a whole lot better about themselves. The little format makes this a great book to have in your handbag if you're feeling nobody loves you or you're just having a bad hair day! And a perfect little feelgood gift from one friend to another.

作者介绍:

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