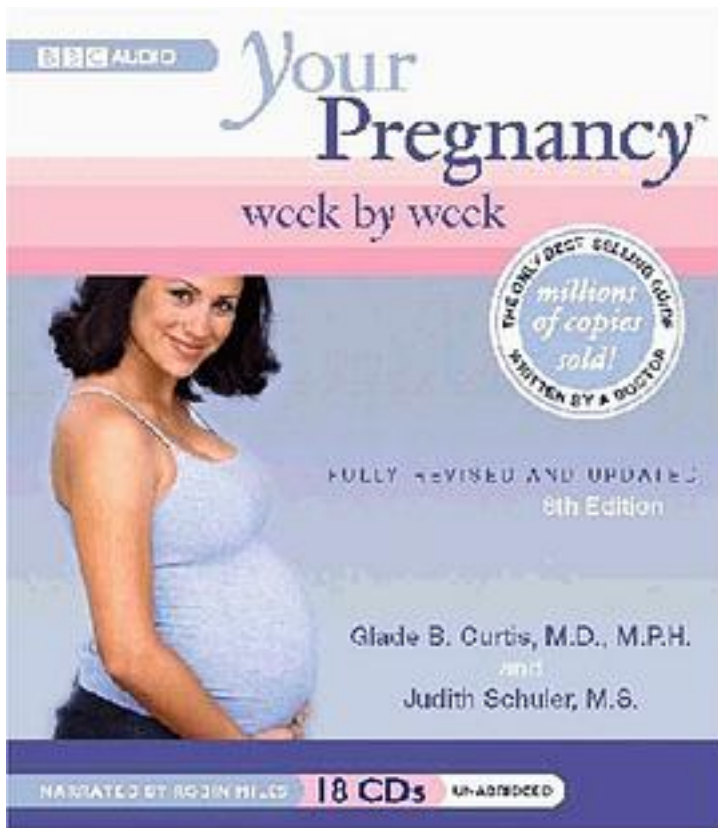


Your Pregnancy Week by Week



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It's here--a fully expanded, updated, and re-designed edition of the best-selling doctor-authored pregnancy book in America! Your Pregnancy Week by Week is the most medically current and comprehensive pregnancy guide available. Doctors recommend it. Reviewers praise it. Pregnant couples rely on it. With over 70 new topics covered, and completely updated throughout to keep up with trends, new products, and safety recommendations, this comprehensive, authoritative, and easy-to-use

guide includes: -Detailed descriptions of baby's developmental milestones each week
-Clear illustrations of how both mother and baby are changing and growing
-Up-to-date information about medical tests and procedures
-Tips on nutrition and lifestyle and the ways actions affect baby
-Safe weekly exercises to help mother stay in shape and comfortable
-Helpful hints for the father-to-be and information on how a pregnancy affects a couple

作者介绍:

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