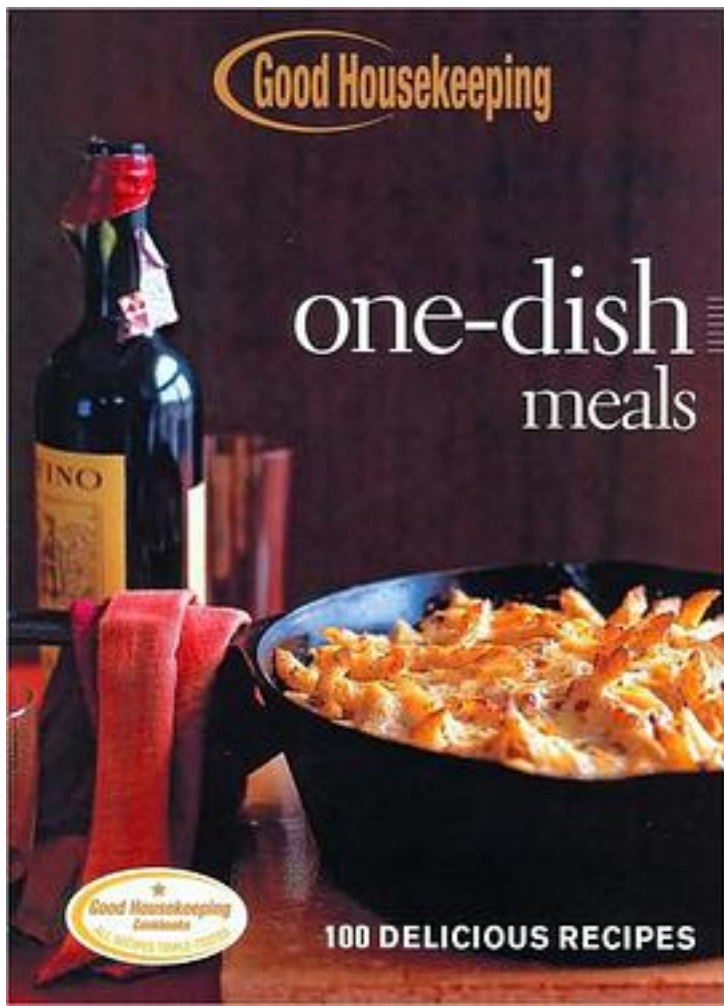


Good Housekeeping One-dish Meals



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With one-dish meals, cooking becomes tastier and easier than ever. In this revised and

updated edition, 100 delicious and nutritious recipes for single-dish meals let busy home chefs put dinner on the table faster. Every element is coordinated, the preparations simplified, and the results are fantastic. An exciting menu of options includes soups, stews, casseroles, oven-cooked meals, stir-fries, skillet suppers, pastas, and salads.

There’ s a world of goodness to tempt any palate, ranging from Curried Vegetable Stew and Peruvian Fisherman’ s Soup to Chicken with Rosemary Dumplings and Shrimp Risotto with Baby Peas. Each recipe includes prep time, cooking time, and key nutritional information. Best of all: when dinner’ s done there’ s only one pot or pan to wash!

作者介绍:

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