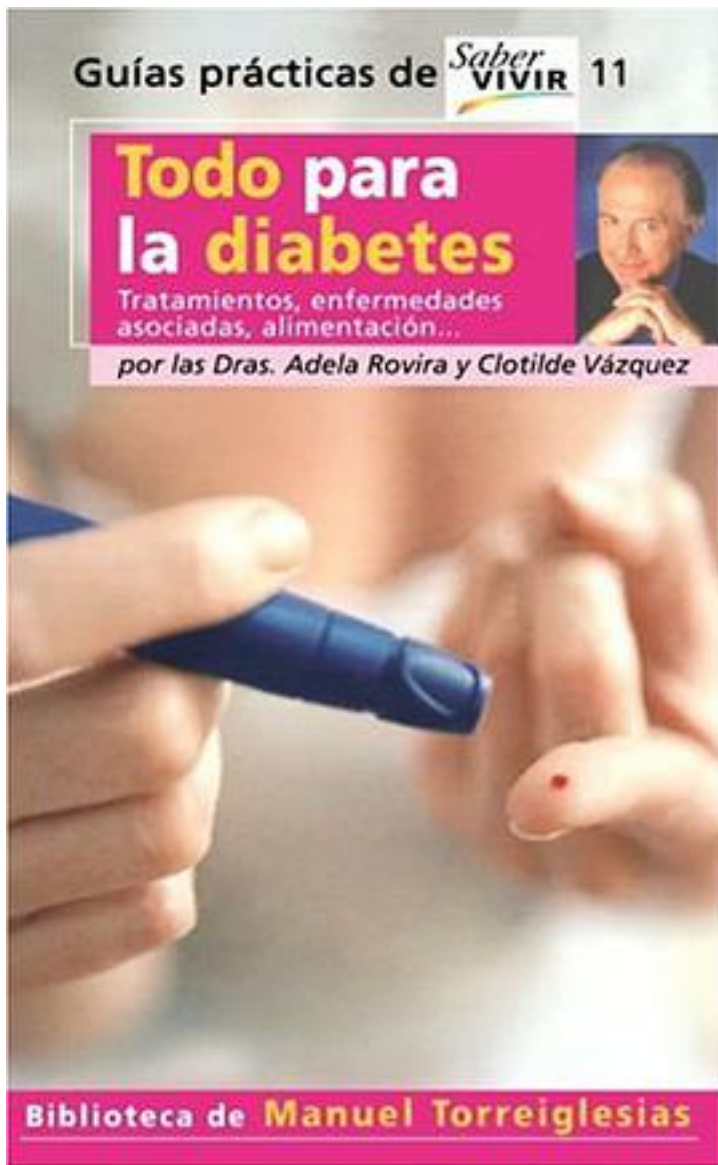


Todo Para la Diabetes



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著者:Vazquez, Clotilde

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All you need to know about this illness, including exercise routines and advice on diet. Through the stories of Carlos, a type I diabetic at 10, and Jose, who developed type II diabetes at 60, the authors reconstruct the ins and outs of this illness. A helpful guide to promote a more responsible behavior in the face of this modern epidemic, it also helps undiagnosed sufferers identify the symptoms and start living a healthier life.

作者介绍:

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