

The Middle Eastern Cookbook



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著者:Khalife, Maria/ West, Stuart (PHT)

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A fabulous selection of recipes from Bahrain, Egypt, Iran, Iraq, Jordan, Kuwait, Lebanon, Saudi Arabia, Syria, the United Arab Emirates, and Yemen. Middle Eastern food draws on the exotic tastes of various styles of cooking and combines them in a blend of unusual yet simple tastes for mouthwatering dishes. It is easy to prepare, wonderful to look at, and offers an amazing variety of healthy dishes, making it the ideal cooking style for the health-conscious.- Over 120 traditional Middle Eastern dishes to suit all tastes- Detailed, easy-to-follow recipes with useful tips and variations- Healthy, wholesome, and tasty food your friends and family will really love- Colorful and succulent photographs

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