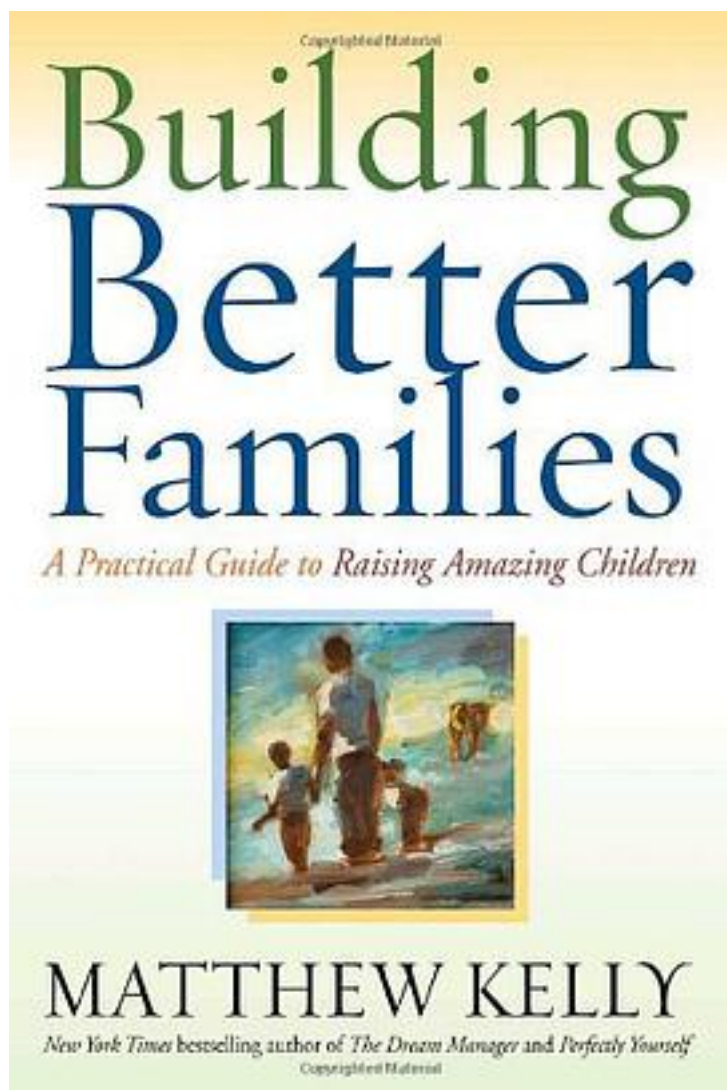


Building Better Families



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For more than a decade, Matthew Kelly has been traveling the world inspiring people to become the-best-version-of-themselves. Now, Kelly shares with us remarkable insights and sensible everyday strategies for transforming the family into what it should be: a place where each of us can become the-best-version-of-ourselves. Beginning with an exploration of the changing face of the family in our culture, Kelly sets every listener at ease by explaining: “A family is not what we think a family should be, or what we hope to have, or should have, or what would be ideal—a family is what we actually have…”

In *Building Better Families*, Kelly explores important issues by raising evocative questions: What makes a successful parent? Do you realize that your children are in the middle of a cultural war? What are the five things children really need? Are you asking your children the right questions? What are you teaching your children about work, money, food, exercise, body image, and sex? What are the priorities of your family culture?

Building Better Families is filled with examples that can be applied to your daily experience of parenting and family, while at the same time illuminating the broader and deeper significance of family for society and the future of humanity. “The family is at once a deeply personal experience and the cornerstone of all great societies,” Mathew Kelly tells us. Allow this book of classic wisdom and practical insight to help you build a better family.

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