

Growing Vegetables West of the Cascades



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著者:Solomon, Steve

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This is the updated 6th edition of Growing Vegetables West of the Cascades, which has evolved from a self-published pamphlet to the master guide to organic vegetable gardening over the past 28 years. Steve Solomon, who was a founder of the Territorial Seed Company, was one of the early proponents of organic gardening, and the first to codify and refine the best practices of small-plot vegetable gardening in the Pacific Northwest. The approaches to understanding and preparing soils, composting, chemical-free fertilizers, efficient uses of water, and garden planning are universal to any climate or region. Solomon gets specific in his extensive advice on growing specific crops in the gentle maritime Northwest climate. This update includes his latest findings on seed sources, refinements in growing and cultivation techniques, and other organic gardening best practices. Growing Vegetables West of the Cascades lays out the principles, but the author advocates that readers think for themselves and grow their gardens as they see fit.

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