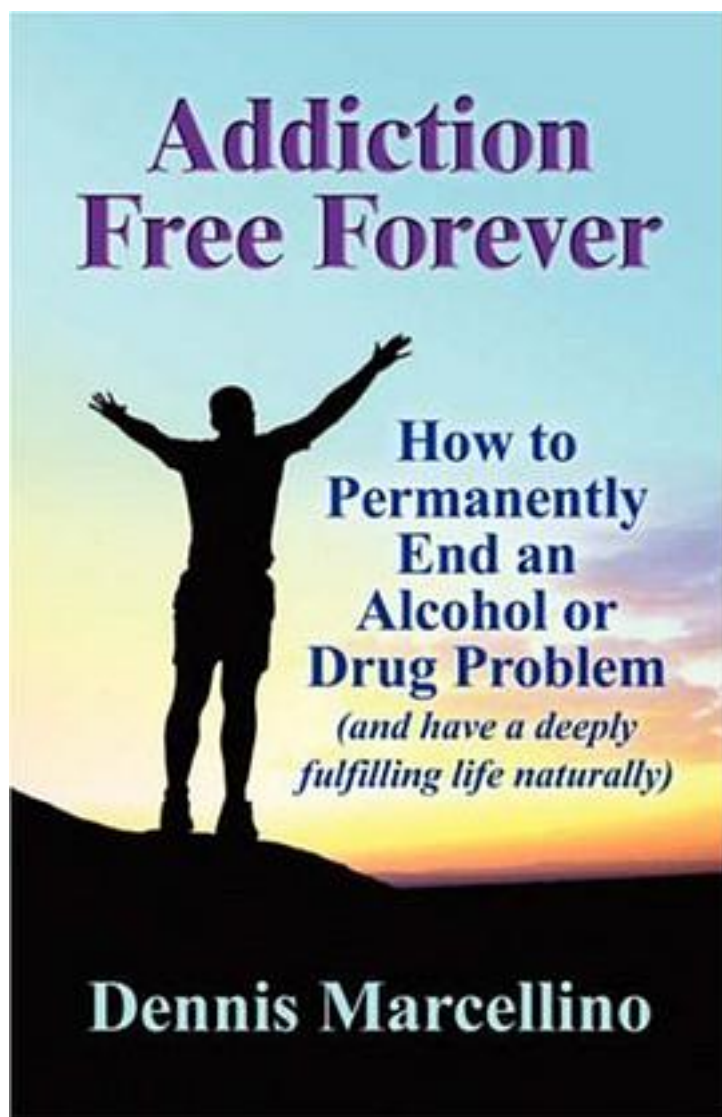


Addiction Free Forever



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著者:Marcellino, Dennis J

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"Teaching a person how to be happy naturally and in harmony with the real design, meaning and purpose of their life is the key to how they get the strength, joy and deep fulfillment that is necessary for them to have no inclination for alcohol or drugs," says Dennis Marcellino, author of *Addiction Free Forever*. "But," he says, "that's easier said than done, and can only happen within THE natural design of how we were made to operate. That requires first knowing what that design is, which has been made very difficult because there is a great amount of debate and disagreement in the world as to what that design really is. But the world in general obviously has it wrong if there exists such a huge drug and alcohol problem and poor social statistics." Having been at the top of the music business as a former member of Sly and The Family Stone, The Elvin Bishop Group and The Tokens (famous for *The Lion Sleeps Tonight*), he knows alcohol and drug abuse well. But after experimenting with 21 approaches to lifestyle, problem solving, fun and personal growth, he became free from alcohol and drugs 25 years ago (after 18 years of use). He now says that, "Fighting nature is not a battle that anyone can win and be happy. Therefore why even try? Understanding and flowing with the natural design is how to make inner, outer and social life work their best. Therefore if a person wants to be free from a weakness for alcohol or drugs, they will have to go through a re-orientation of how the mind, heart and body that they are in are designed to function smoothly, and they will have to know how to have the strength and vision to transform to that design." So to pass on what he discovered, he wrote a book and developed a program to go with it that, in a step by step way, helps a person to know, understand and be transformed into the natural design of their being. On the back cover of this book it says: You can't expect someone to "say no to drugs" until they have something better to say "yes" to. It goes on to say: "As an EX-alcoholic and EX-drug user (no longer a "recovering" one) for 25 years, I'm happy to present the method that accomplished that for me and that will work for anyone regardless of their circumstances. Willpower and the 12-step method didn't work for me. This program doesn't ask you to give up drugs or alcohol without first showing you how to have something better to take their place. This book will help you begin a new life where you will feel good naturally without having to medicate yourself just to get through the day, your job or life itself... or, in the pursuit of a thrill, subject yourself to the dangers of alcohol and drugs or the harm that it causes people in your life and your relationships with them. You will learn how to transform to a deeply fulfilling life with great meaning and purpose. Some reviews for addiction recovery books by Dennis Marcellino include the following: "Frank and friendly... sincere and optimistic... not only concerned with ridding people's lives of drugs, but also with leading them to a higher state of being and greater fulfillment as individuals. A sympathetic voice which will affect readers for the better. This book is personal rather than systematically therapeutic or a 'pop' treatment of a current social concern... touches upon the important factors of human life." says Corinne Perry Buck, Feature Review in *The Small Press BookReview*. "A carefully reasoned argument against drug use that goes further than telling people to 'just say no'-it offers real help for people who want to break free of the bondage of drugs," says Dr. John MacArthur Jr., popular author and radio and TV personality. "Very powerful material. An amazing piece of work by an amazing man," said Scott Fagan, head of the recovery unit at Brotman Hospital (one of L.A.'s largest). "I read your book and was very inspired to clean up my act. I'd like to order another copy for myself and one to pass on," says Theresa, Escondido, CA

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