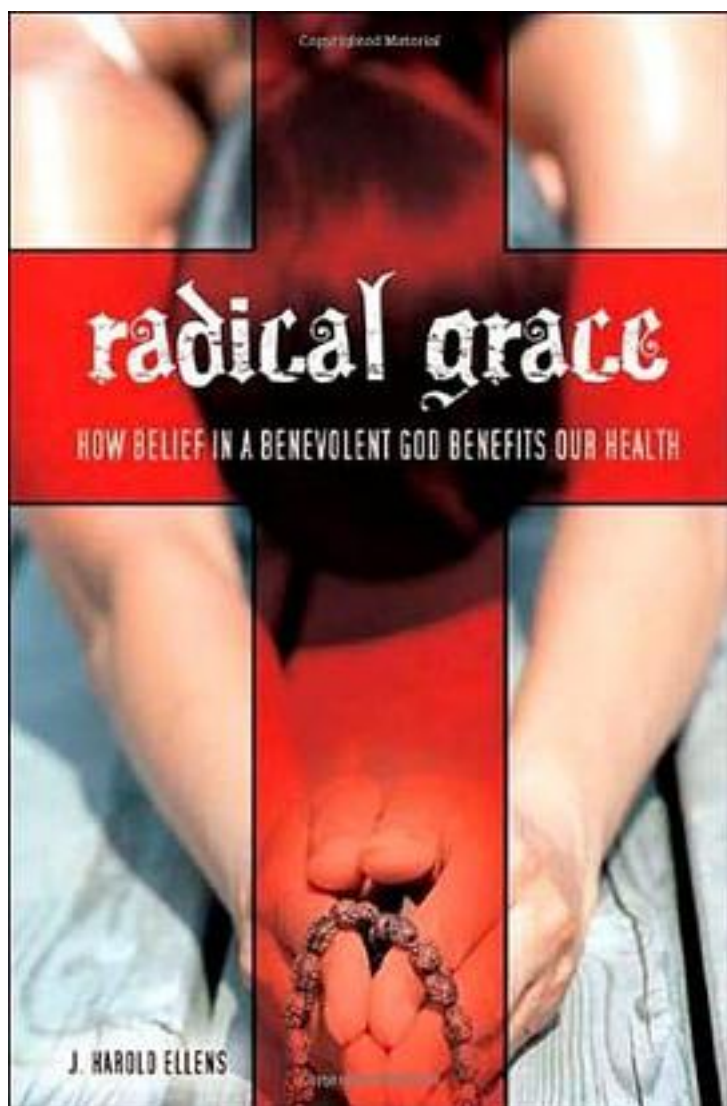


Radical Grace



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The editor who brought us the acclaimed set "The Destructive Power of Religion", turns his attention here to a similarly powerful yet positive side of religion - how our concept of God can fuel a healthy body and mind. This book contends that all health - mental and physical - is shaped, for good or ill, by our spiritual, theological and psychological notions about the nature of God, and by the way we form an outlook on life as a result of these notions. Across history, a large percentage of notions people have about God centre on him being a threat, what the author describes as "sick Gods created through pathological beliefs," or "sick Gods that make sick people." But he grounds his brighter perspective in this text on God as a source of unconditional grace and goodwill, then illuminates the effect that this perspective has on people who have incorporated it into their minds and lives. The author shows how people with firm faith in the "radical grace" of God develop psychologically strong and healthy. The author explains how all readers can benefit from understanding this, to inspire spiritual and psychological healing whether for themselves, family, friends, or aiming to help clients in counselling or therapy.

作者介绍:

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