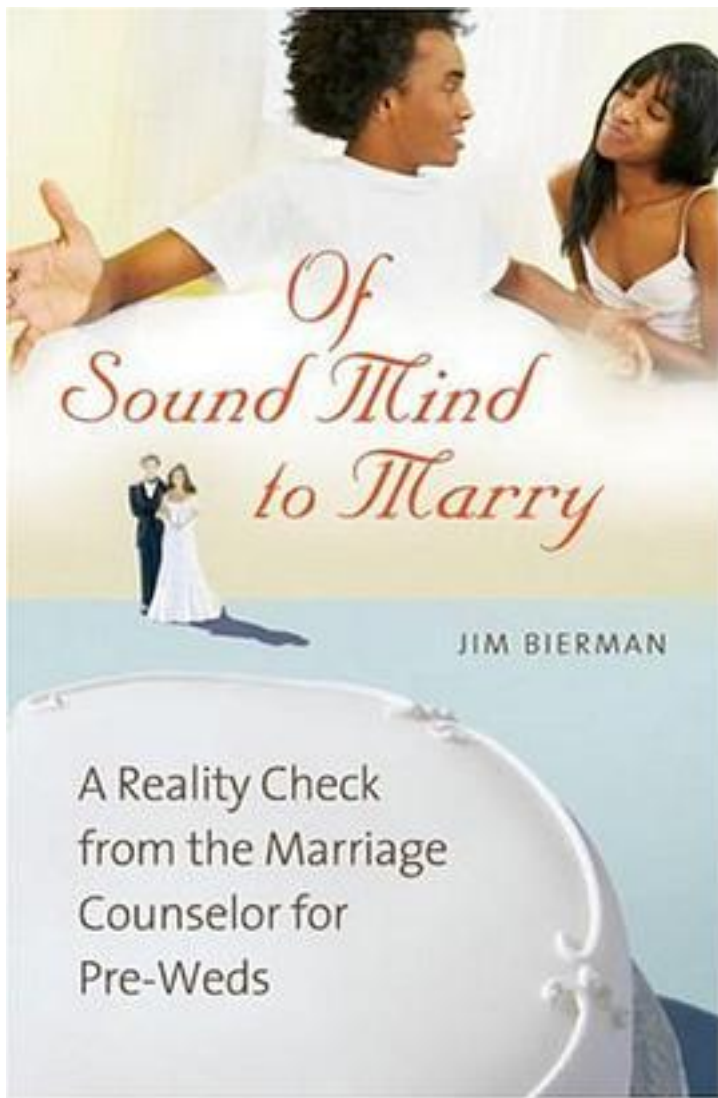# Of Sound Mind to Marry

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"Going through the motions of getting married isn't nearly as challenging as getting to know each other on a deeper level before the ceremony," says the author of this work. His book guides engaged couples through an enlightening process of self-examination and "us-examination," helping them gain a greater understanding of their partner, of the person they are becoming as part of a couple, and of the marriage they are about to create.Written for pre-weds, their families, close friends and the professionals who counsel them, this thought-provoking text explores thinking about, and talking about, delicate issues from love, communication, friendship and sex, to in-law relations, money matters and prenuptial agreements, and how children will change your relationship. When couples meet the challenge to deeply understand each other and to discuss what they expect out of marriage, their chances of enjoying a satisfied, intimate and stable married life are greatly enhanced. By the end of this book, pre-weds will have grown from the "altered state of being in love" to being "of sound mind to marry," says the author.

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目录:

[Of Sound Mind to Marry_下载链接1_](#)

标签

评论

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