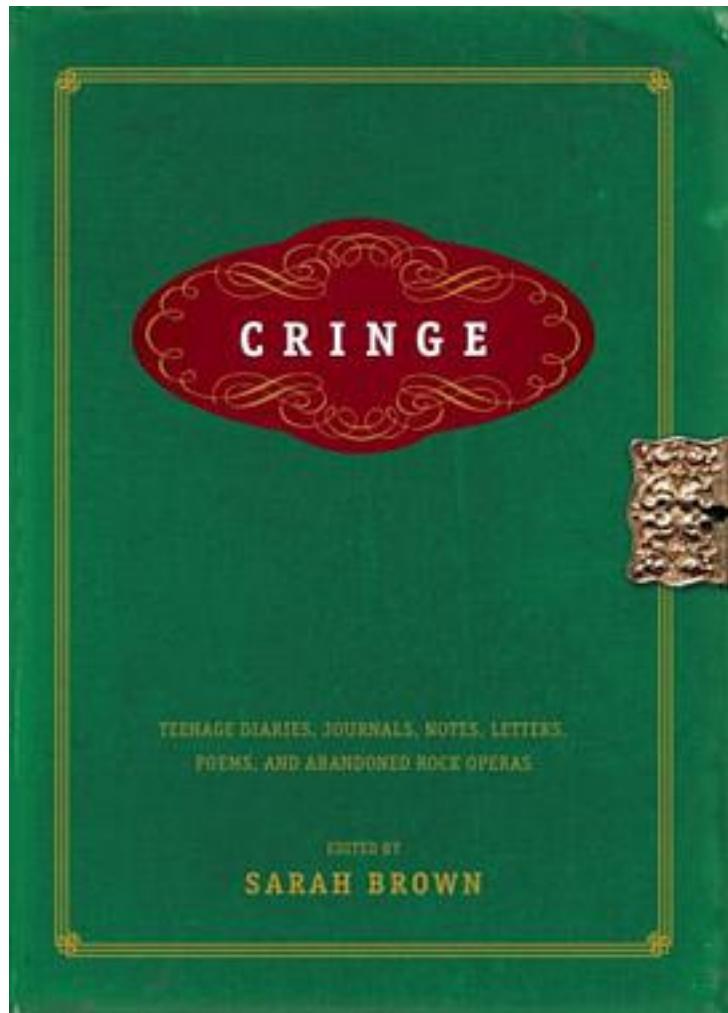


# Cringe



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Did you keep a diary during your teen years? Do you have a box of loopy-cursive,

never-sent notes to your crush? Or some overwrought poetry about your bleak existence? An unfinished rockopera? Well, you’re not alone, and in *Cringe*, you’ll find a reason to unearth your adolescent angst and have a good laugh—at yourself.

A compilation of real teenage diary and journal entries, letters,

songs, stories, and lists—along with biting commentary, background, and self-examination from the now so-called grown-ups who wrote them—*Cringe* offers a voyeuristic glimpse at the roller coaster of youth in all of its navel-gazing, soul-searching, social-skewering glory.

*Cringe*-worthy excerpts include

Really bad poetry:

I lumber like the sad clown with  
the hope that my performance  
might make you smile.

Yet I am a flickering star over  
a cloudy sky.

Blush-inducing pep talks:

OK. It’s the end of February. No more  
kidding around! You have to go out  
with someone! You haven’t gone out  
with someone since the summer!

At least fool around with someone!

Come on! You’ve got it in ya!

Questionable motivations:

My mom is madly in love with  
her boyfriend. . . . Cool! He’s so rich  
. . . I could get a lot out of this—  
vacations, a car—if he buys my mom  
one + she gives me hers—psyche!

And rages against the world at large:

I am living in a dream world.

Wishes are a bunch of crap.

They never come true so what's  
the use of even wasting your  
time hoping they'll come true  
when they don't?

Inspired by the New York-based reading series of the same name, *Cringe* will help you realize that being a grown-up isn't all that terrible. At least you don't have to worry about who's going to be at the mall anymore.

作者介绍:

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