

Understanding the Mind of Your Bipolar Child



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出版者:

出版时间:2008-3

装帧:

isbn:9780312358907

Bipolar disorder is one of the most frequently diagnosed youth mental health diseases. Many children and adolescents with depression may actually be experiencing the early onset of bipolar disorder. Also, up to fifteen percent of children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) may actually be suffering from early-onset bipolar disorder instead. The intensity with which a bipolar child perceives things can be the source of creativity and artistic talent, but it can also be a source of confusion and disorganization. If parents can understand the effects of bipolar disorder on their child, they can help him to better navigate school, friendships, and family relationships. Dr. Lombardo provides comprehensive information on: diagnosis; the impact of Bipolar on your child's development; key parenting techniques for each development stage; disorders that go hand-in-hand with Bipolar; and, treatment-including psychotherapy and medication.

作者介绍:

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