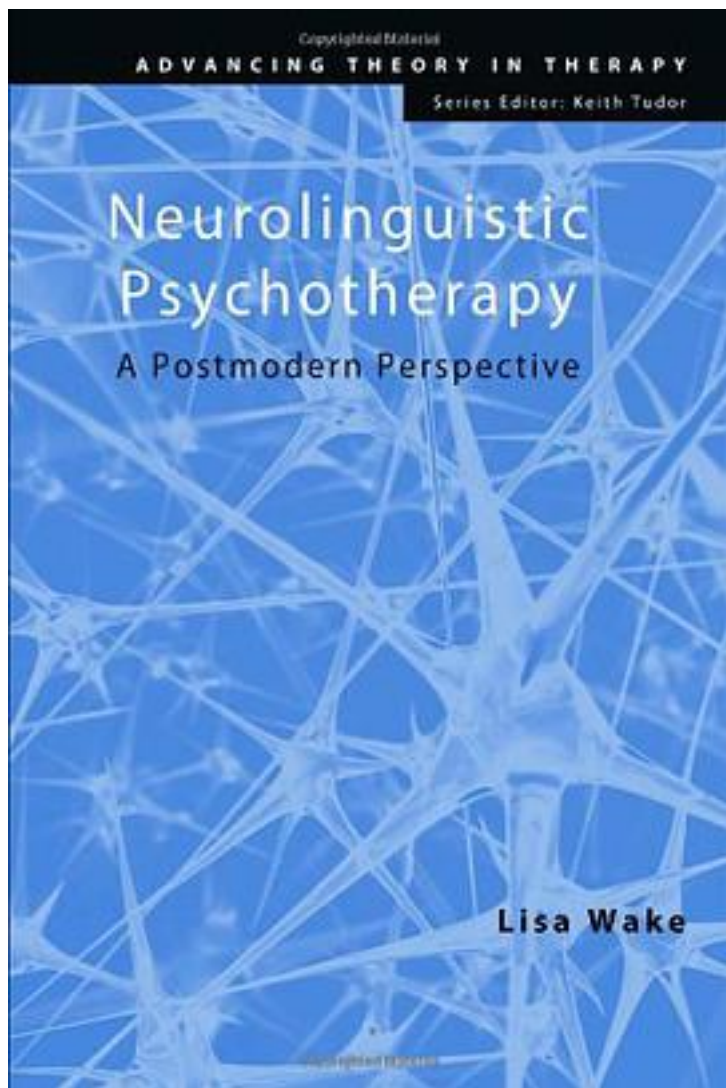# Neurolinguistic Psychotherapy

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著者:Wake, Lisa

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Neurolinguistic Psychotherapy offers a unique and exciting postmodern perspective on an advancing model of therapy. It places neurolinguistic psychotherapy in context and considers the history of NLP and its relationship to psychotherapy. Presented as an effective model for facilitating neurological change through the therapeutic relationship, this book challenges therapists to incorporate a psychodynamic approach within their work. In addition the book also presents: A model of the developing personality and the relationship to attachment theory and emerging theories of neuroscience. A discussion of the linguistic components of NLP and the effectiveness of utilising the language patterns offered by NLP. A challenge to neurolinguistic psychotherapists – asking them to consider the benefits of including relational approaches to therapy above that offered by a programmatic model of change. This book will be of great interest to all psychotherapeutic practitioners and trainers, students and academics.

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