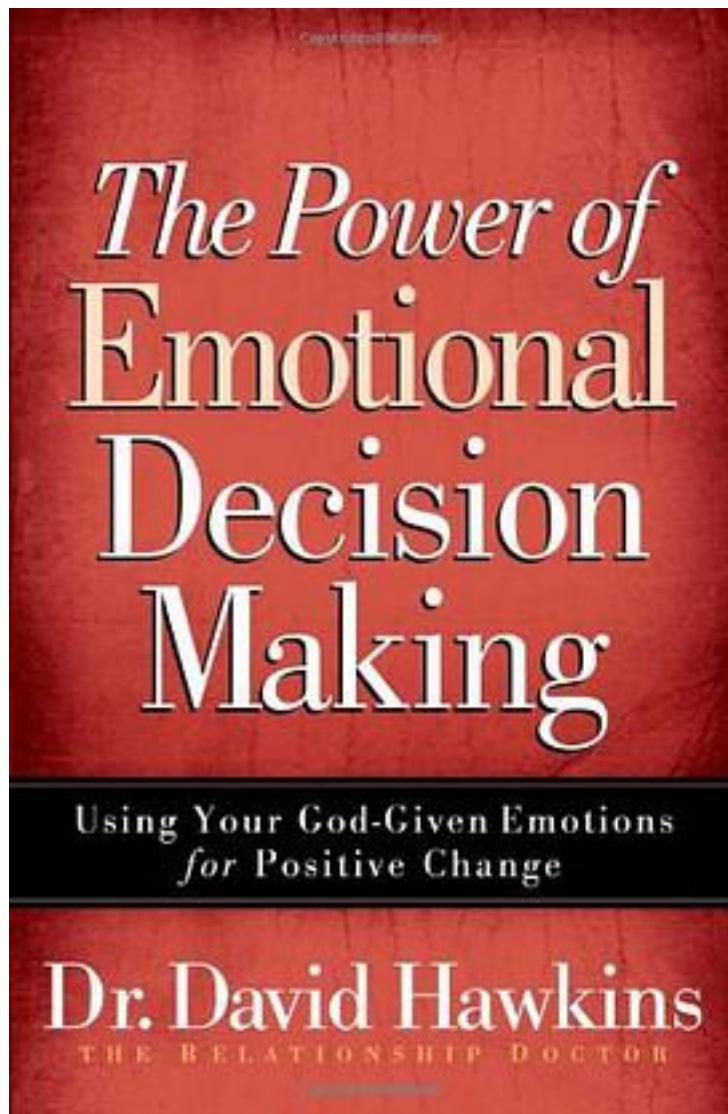


# The Power of Emotional Decision Making



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"Energy in motion"-that's how clinical psychologist David Hawkins describes emotions. Hawkins, author of "When Pleasing Others Is Hurting You," shows how emotions can help readers discern what is most important, determine what is missing in their lives, and discover how God is leading them in new directions. "The Power of Emotional Decision-Making" reveals- Emotions are part of God's heart, as Jesus demonstrated in the temple with the moneychangers, at Lazarus' tomb, and in Gethsemane. God communicates not only through our mind and will but also through our emotions. Ignoring our emotions leads to the destructive influence of denial. Paying attention to our emotions helps us to deal more quickly and effectively with resentment and depression. Even anger, fear, and grief can lead us to make effective decisions. This unique guide will help readers discover what God is speaking to their hearts.

作者介绍:

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