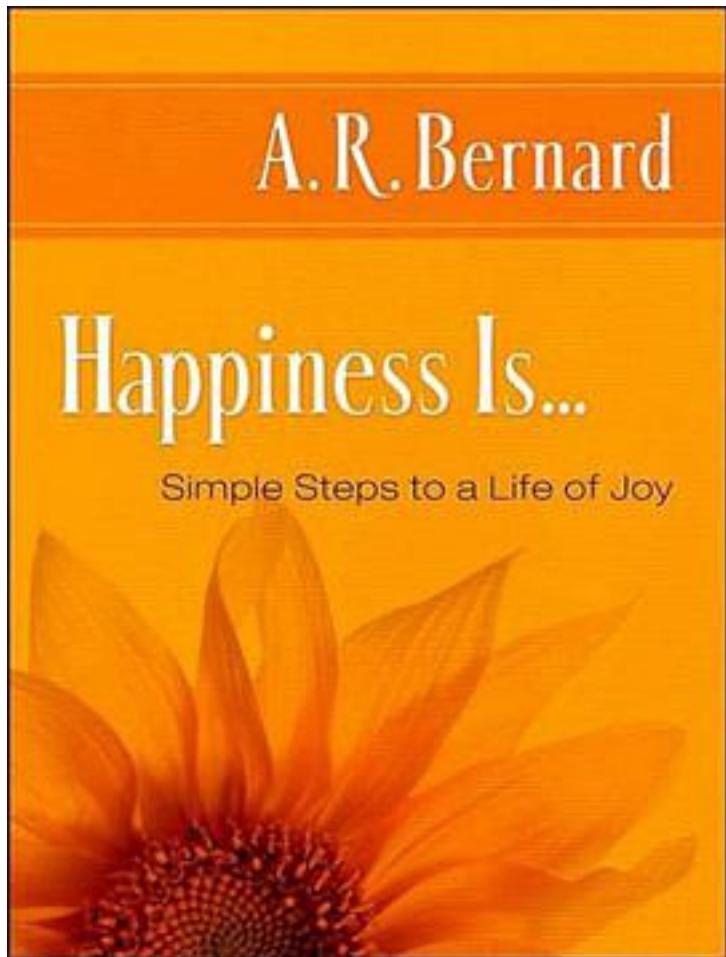


Happiness Is...



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A. R. Bernard, the founder and spiritual leader of the 26,000-member New York Christian Cultural Center, presents an inspiring examination of happiness: what it is, how to find it, and how to keep it. If money doesn't win happiness, then what does?

Drawing on scripture, common sense, and inspirational quotes from an array of celebrities—including Maya Angelou, Mother Teresa, Quincy Jones, and Oprah Winfrey—Happiness Is... is a powerful program that can help anyone escape from the grip of negativity and achieve the spiritual prosperity that can only come with discipline and wisdom. "Happiness isn't a commodity that can be purchased in a store," counsels Bernard. "It's a by-product of the way you choose to live and the things you choose to think." Happiness Is... teaches listeners not to worry about what they can't control, inspiring them instead to use the talents that God has already given them—and to infuse every day with the faith that enables them to live.

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