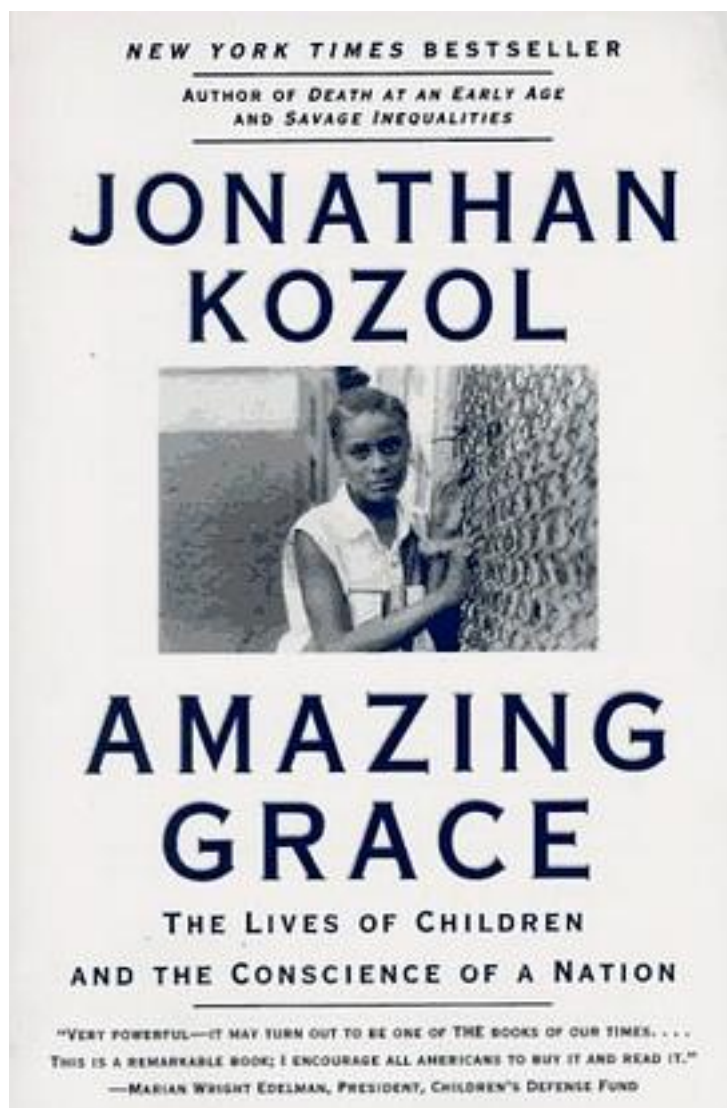


Amazing Grace



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著者:Wolfe, David/ Good, Nick

出版者:

出版时间:2008-4

装帧:

isbn:9781556437304

It's official; embraced by everyone from stars like Uma Thurman and Woody Harrelson to average people who are seeking the best health possible, raw food and the live food lifestyle is "in." But making that transition can be a challenge. That's where Amazing Grace comes in. Written by raw-foods authority David Wolfe with life coach Nick Good, this combination of personal story and motivational guide offers a wealth of ways to improve life, health, and spirit by adopting this nurturing, intuitive lifestyle. Amazing Grace shares Wolfe's secrets on how to become a superhero and lead a life full of fun, synchronicity, and magic. These secrets are based both on the personal experiences of the authors and the seven principles of Huna, the ancient Hawaiian shamanic tradition. With the addition of Grace and Forgiveness, they comprise nine powerful principles for success.

Equally useful whether reading cover to cover, sampling for nuggets of wisdom and inspiration, or retaining as a reference for support and guidance, Amazing Grace shows readers how to experience a new yet basic paradigm of possibility in an increasingly complex and confusing world.

作者介绍:

从Amazon.com

“这里有一些不同的高呼吁任何人仍然相信，我们是难以置信的强大，而事实上，魔术确实存在。鼓励我们加强了范围以外的谎言，我们已经被告知，更重要的是，我们的谎言告诉自己，该怎么到这本书的信息是如何成为一个超级英雄。”

阅读器观看

“我真的很喜欢关于[奇异恩典]是积极的能量流动，从而自由地从每一页...这是一本我要读一遍又一遍，品味每一个细节;通过并推荐给朋友，并投入使用在我的每一天的生活。”

- CirclesOfLight.com

据官方消息，由每个人都像乌玛瑟曼和伍迪哈里森明星对于一般人谁正在寻求最好的健康可能，生食和活食的生活方式是“英寸”拥抱但要做出这样的过渡可能是一个挑战。这就是奇异恩典来英寸的原料，食品与生活教练尼克好，这种个人的故事，激励引导相结合的权威戴维沃尔夫书面提供了多种方式来提高采用这种培育的，直观的生活方式生活，健康和精神财富。奇异恩典股如何成为一个超级英雄，过生活的乐趣，同步，全面沃尔夫和魔术的秘密。这些秘密是根据作者的亲身经历和胡纳，古萨满教传统的夏威夷都七项原则。随着恩典和宽恕此外，它们包括九项成功有力的原则。

同样有帮助，是否从头到尾阅读，智慧和灵感的掘金取样，或作为参考保留的支持和指导，奇异恩典读者展示了如何在一个日益复杂的经验和混乱的世界新的可能性还基本范式。

目录:

[Amazing Grace_下载链接1_](#)

标签

评论

[Amazing Grace_下载链接1](#)

书评

[Amazing Grace_下载链接1](#)