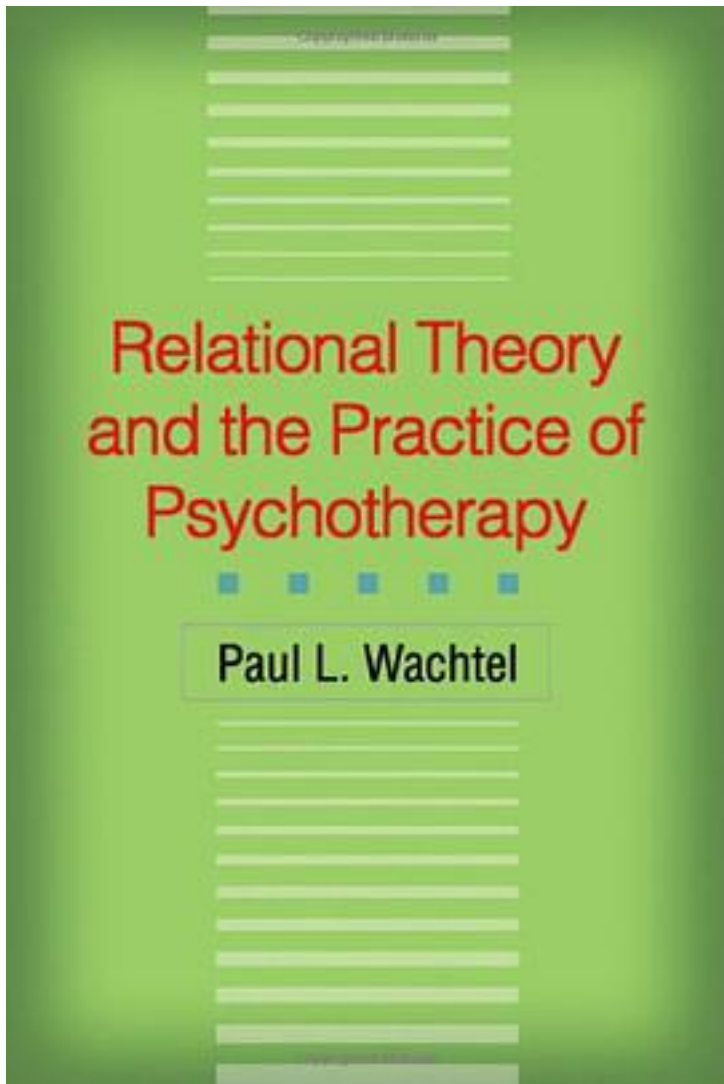


Relational Theory and the Practice of Psychotherapy



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This important book explores a new direction in psychoanalytic thought that can enable therapists of any orientation to better understand and help their patients. Relational psychoanalysis diverges in key ways from the assumptions and therapeutic practices that have traditionally characterized psychoanalysis. At the same time, it preserves, and even extends, the depth of understanding of human experience and psychological conflict that has always been the strength of the psychoanalytic approach. Through probing theoretical analysis and illuminating examples, the book offers innovative and powerful ways to revitalize clinical practice.

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