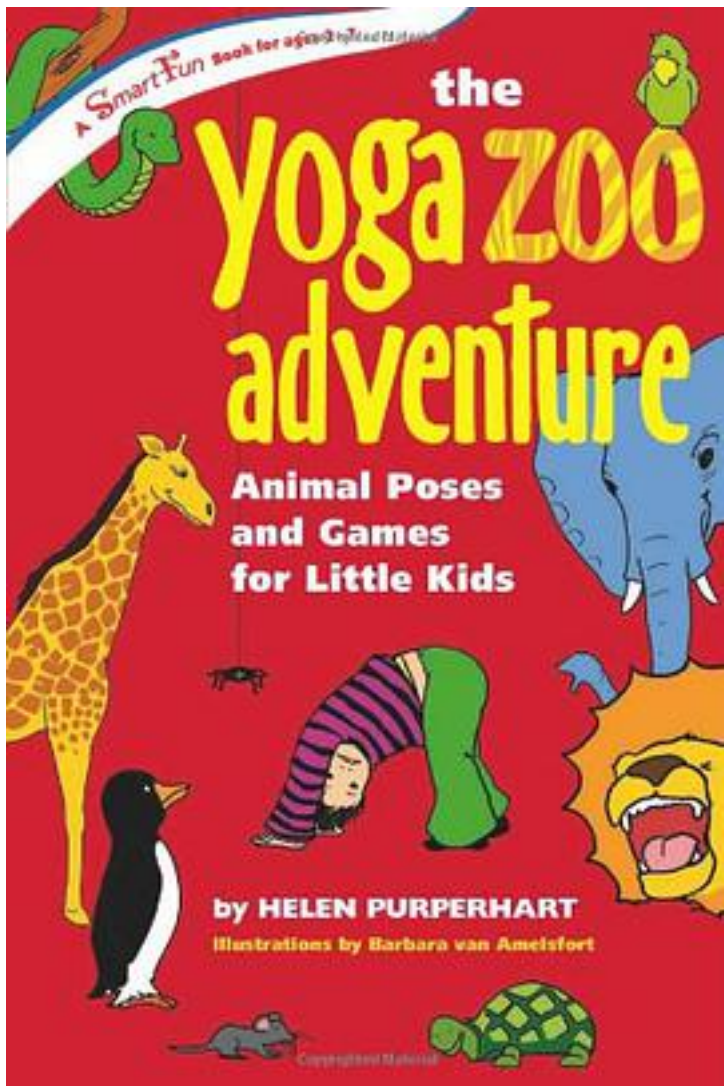


# The Yoga Zoo Adventure



[The Yoga Zoo Adventure\\_ 下载链接1](#)

著者:Purperhart, Helen/ Evans, Amina Marix (TRN)/ van Amelsfort, Barbara (ILT)

出版者:Perseus

出版时间:2008-8

装帧:

isbn:9780897935050

This ingenious book uses the postures and movements of zoo animals to teach yoga movements to children. The first part of the book covers theoretical and practical information for parents and teachers working with yoga. Part two takes readers to every part of the zoo, from the insect and reptile houses to the ape cage and the oceanarium. Here youngsters come face to face with a tiger, look in the eyes of a giraffe, do the monkey dance, and walk as gracefully as a flamingo. Part three introduces the rules of the yoga lifestyle through a number of animal fables. Part four contains background information about the animals described in the book.

作者介绍:

目录:

[The Yoga Zoo Adventure\\_ 下载链接1](#)

标签

评论

-----  
[The Yoga Zoo Adventure\\_ 下载链接1](#)

书评

-----  
[The Yoga Zoo Adventure\\_ 下载链接1](#)