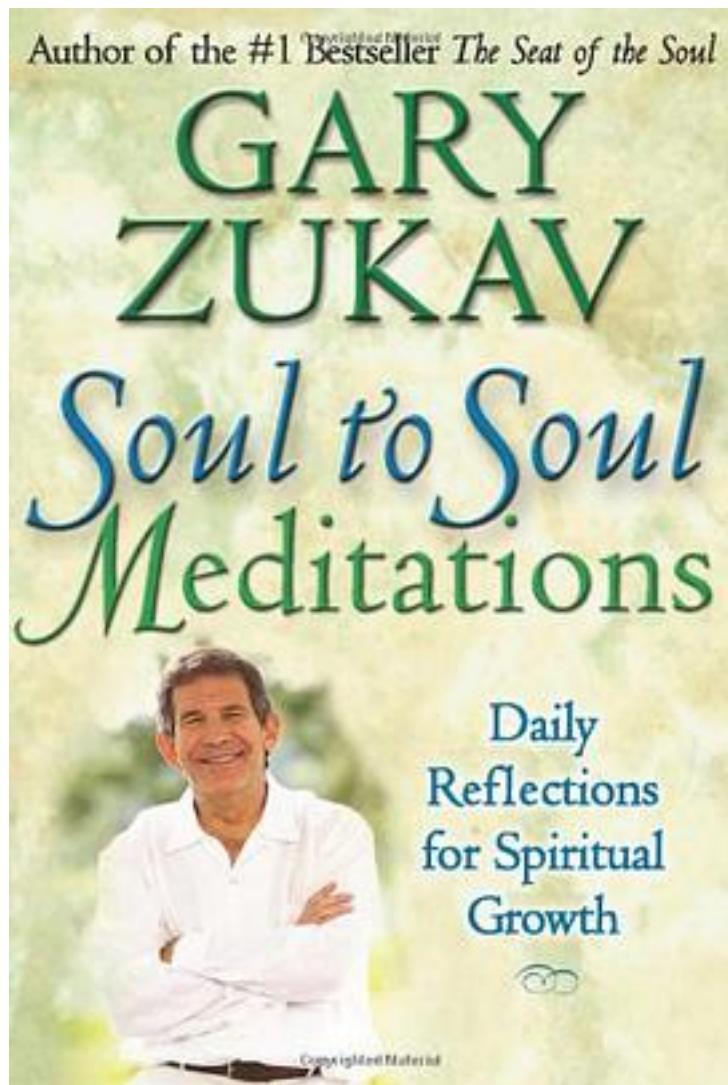


Soul to Soul Meditations



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著者:Zukav, Gary

出版者:

出版时间:2008-3

装帧:

isbn:9781416569565

In Soul to Soul, Gary Zukav addressed some of the most fundamental questions about the human spirit -- from "Why is life so difficult?" to "How can I learn to trust?" -- with meaningful answers of universal and enduring value. Now, with Soul to Soul Meditations, Zukav provides 365 inspirational excerpts, one for each day of the year, with each page offering penetrating spiritual and psychological insights for reflection and enrichment. These meditations serve as passageways through which soul-to-soul communications can enter your life and transform it. Wise, often poetic, and profound in its simplicity, this empowering collection invites us to look within ourselves to discover how to make these insights our own. Small enough to fit into a bag or purse, it is a book to take with you and read whenever you wish. It makes an ideal gift for a friend, someone you love, or simply for yourself -- a book to cherish and return to again and again. Among his many bestselling books, GARY ZUKAV is best known for his celebrated #1 New York Times bestseller, The Seat of the Soul, as well as for The Dancing Wu Li Masters: An Overview of the New Physics, which won The American Book Award for Science. His books have sold well over 5 million copies and have been published in 24 languages. A graduate of Harvard University and a former U.S. Army Special Forces (Green Beret) officer in Vietnam, he lives in southern Oregon with his spiritual partner, Linda Francis.

作者介绍:

加里-祖卡夫 (Gary Zukav) , 美国著名心理畅销书作家和心灵导师。毕业于哈佛大学。当过美国陆军特种部队军官。是著名电视节目奥普拉秀的常客。加里-祖卡夫著有多部畅销书。连续30多次占据《纽约时报》畅销书排行榜第一名，并连续三年高居此排行榜前列。其著作《物理大师之舞：新物理学概要》获美国国家图书奖；《灵魂所依》曾获《纽约时报》畅销书排行榜第一名；另著有畅销书《灵魂的故事》，等等。他的书已经销售了500万册以上，并被译成24种语言。目前，他与精神伴侣琳达-弗朗西斯居住在俄勒冈州。

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书评

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积蓄力量 因缘果曲径通幽 是为简道：简以养德 厚德载道 人生错落有致 情绪抑扬顿挫
不纠缠于生而平等 却无处不在枷锁中的真实 需要勇敢穿透恐惧 方能遇见
冥想的力量之强大 如何能够忽略它呢？ —...

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