

# The Craft of Psychodynamic Psychotherapy

"A remarkable achievement!"  
—Roy Schafer

## The Craft of Psychodynamic Psychotherapy



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This work is an orientation to a craft of great richness and interest. The authors describe the defining elements of the accumulated working knowledge of psychodynamic psychotherapy. It revisits the raw pointedness of old questions: What is psychotherapy? What makes it meaningful? What do I say when a patient asks me how therapy works? How long will it take? How does change happen?

作者介绍:

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