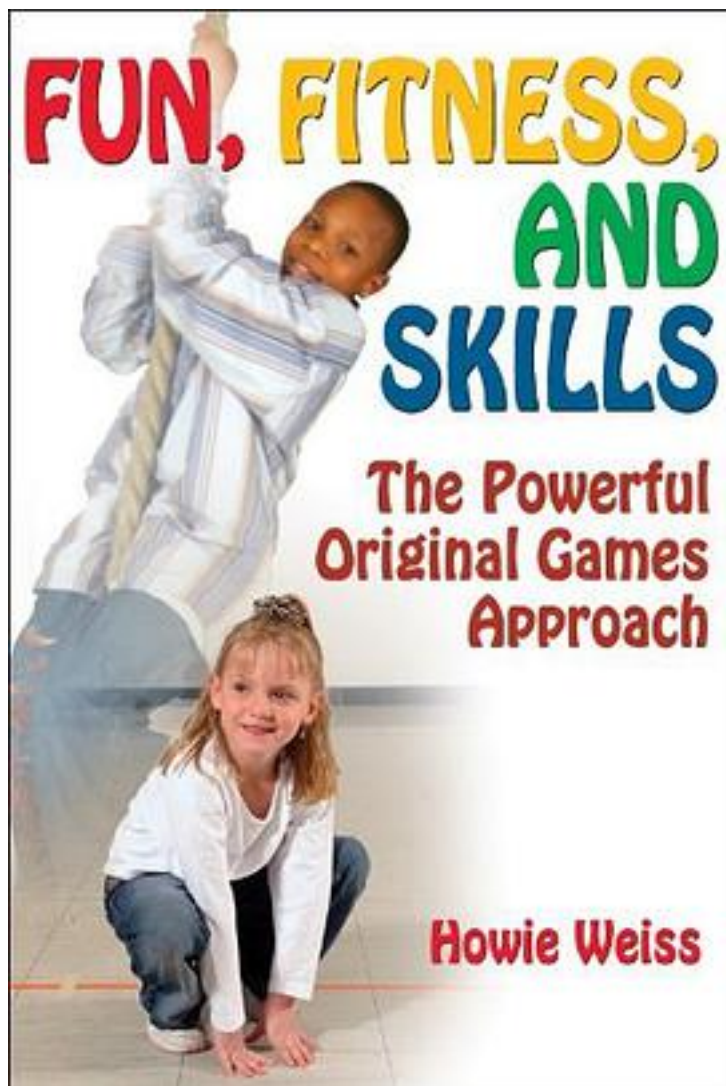


Fun, Fitness, and Skills



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This is a basic games book, therefore will be ideal for teachers or youth leaders as a cookbook of ideas for games that will keep children active, let them have fun and at the same time teach them skills and fitness concepts.Children can have fun, learn and practice skills and fitness concepts with the right approach. This book provides just that approach by offering games and variations that have been carefully constructed to promote fun and activity while also meeting important physical education objectives.The games are presented in an easy-to-follow format and clearly written educational objectives are provided for each game. Each game has variations that allow the game to be successful under different conditions.A game-finder is also provided which makes selection of the right game for the readers needs quick and easy.

作者介绍:

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