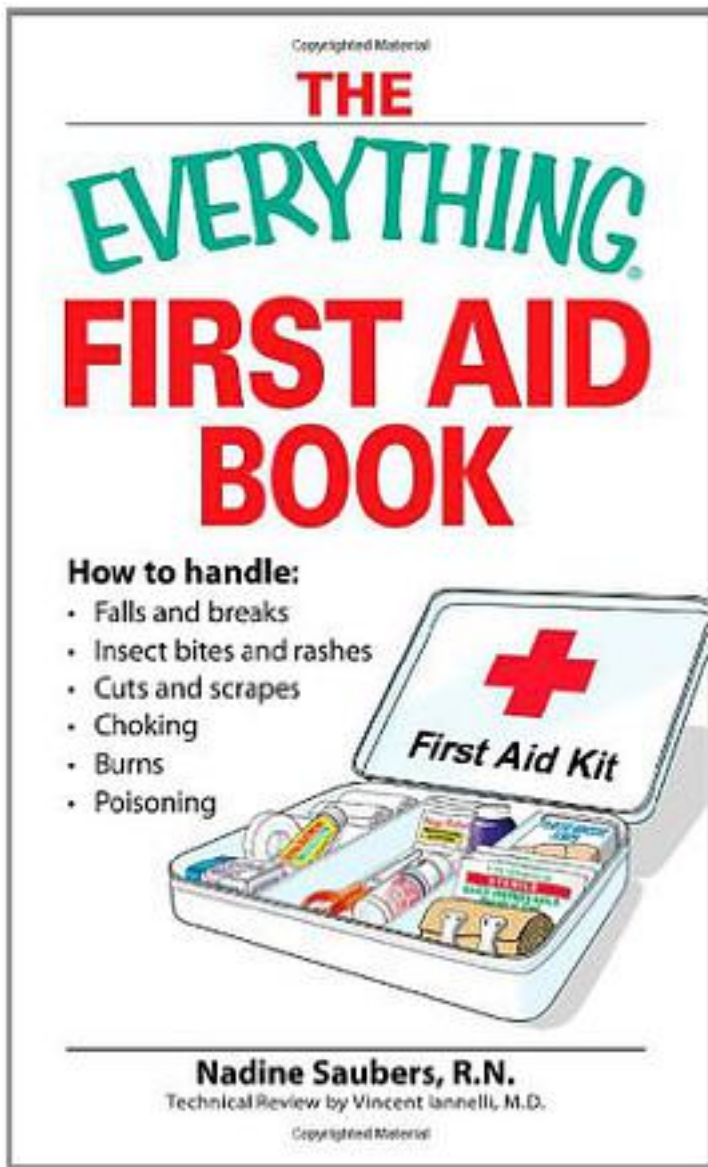


# The "Everything" First Aid Book



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From minor household injuries that involve cuts and scrapes to bigger emergencies like burns and broken bones, "The Everything First Aid Book" is a must-have handbook. Co-authored by a paramedic with a technical review by a physician, this book is a survival guide for the home, covering everything from: how to perform CPR and the essentials of a first aid kit; how to decide if it is an emergency; the ABCs of making and securing a splint; dealing with heart pains and choking; how to handle electrical injuries, pool injuries and more; and how to set up and implement an emergency plan. With "The Everything First Aid Book", you'll never panic in a moment of crisis again.

作者介绍:

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