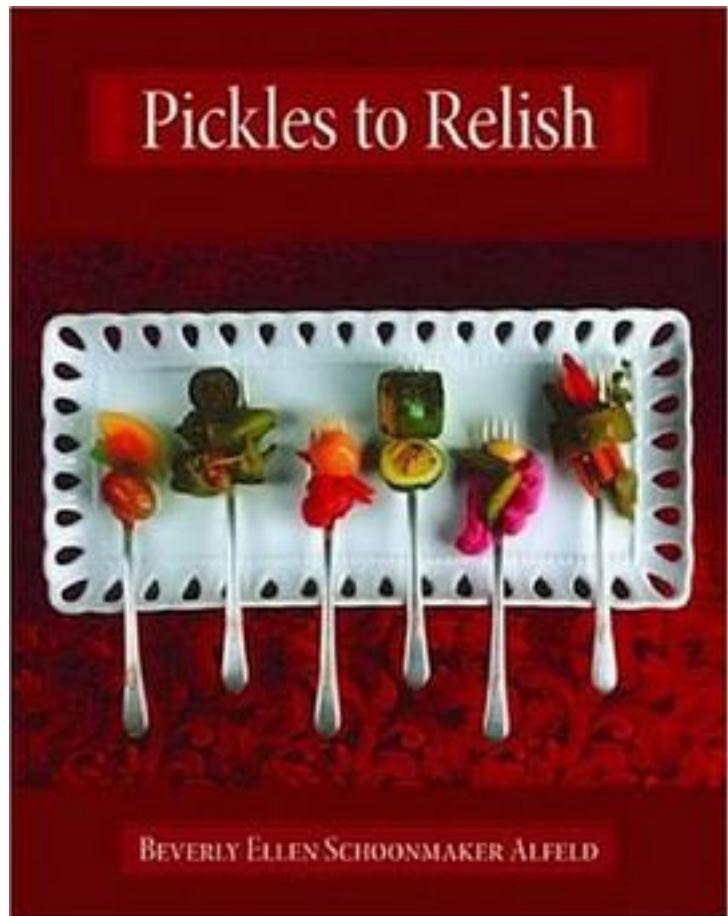


# Pickles to Relish



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More than just a cookbook, this is a richly illustrated, informative guide to everything you need to know about the world's favourite food-preservation techniques - from pickling and curing to fermenting and canning. "Pickles to Relish", designed for food enthusiasts of all levels - from those who just love to munch to professional chefs and

everyone in between - is packed with tips, tricks, and recipes for delicious chutneys, sauces, pickles and relishes, as well as fascinating facts on the history of food preservation and how it has impacted human survival.

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