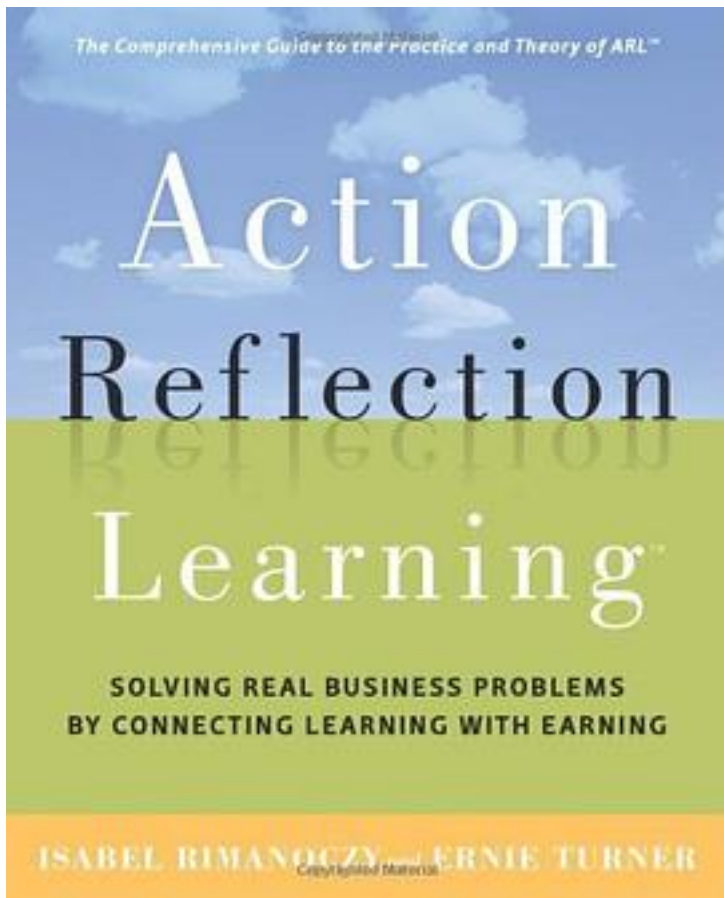


# Action Reflection Learning



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What would workplace training be like if programs were designed to honor the diversity of learning styles and fully acknowledge the everyday realities of working adults? This is the story of Action Reflection Learning (ARL[trademark]), a little-explored practice that has been inspiring individuals and transforming organizations for over 30

years. For the first time, "Action Reflection Learning" brings to light this time-tested approach that has demonstrated its power to revolutionize the way adult learners learn by fundamentally changing the way teaching and training are practiced. Packed with dozens of just-in-time learning opportunities, "Action Reflection Learning" provides a hands-on guide to what ARL is, how it works, and what it takes to implement it in and outside the classroom. Coauthors Rimanoczy and Turner introduce the 16 key elements that drive ARL's success—all firmly grounded in adult learning and action learning principles. And through stories, journal entries, dialogues, and narrative case examples drawn from their own experience, they offer an inside look at the critical role the Learning Coach plays in unleashing the power of ARL to make one-on-one coaching more effective, help navigate a post-merger integration, prepare young talent for the next big challenge, or work with a team of educators in crisis.

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