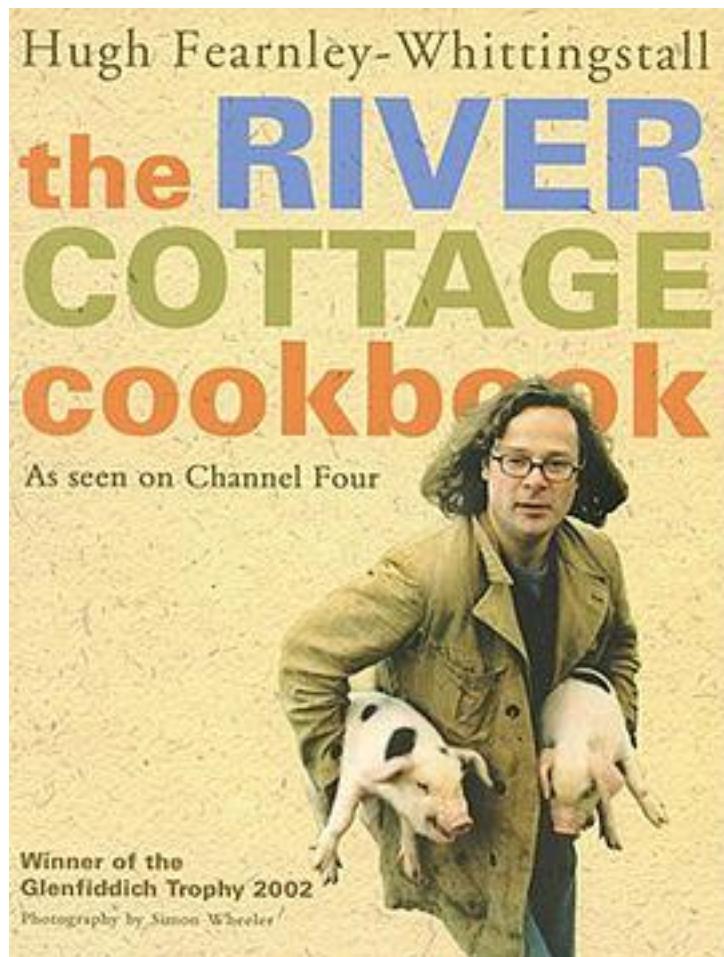


# The River Cottage Cookbook



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著者: Fearnley-Whittingstall, Hugh/ Wheeler, Simon (PHT)

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First published in the United Kingdom in 2001, THE RIVER COTTAGE COOKBOOK quickly became a hit among food cognoscenti around the world. Now tailored for American cooks, this authoritative and animated ode to eating well is one part

manifesto and one part guidebook for choosing and storing food grown in the garden, butchered from prize animals, or foraged or caught locally. Fearnley-Whittingstall writes with humor, wit, and clarity, bringing American readers what his legions of British fans have enthusiastically embraced: the best techniques and recipes for getting the most out of simple, superior food, while supporting the environment, vibrant local economies, and resourceful use of plants and animals.

A groundbreaking book on eliminating the "rubbish" from your diet and maximizing the pleasures of the table, from British food personality Hugh Fearnley-Whittingstall. Original edition has sold 300,000 copies in Europe. Thoroughly Americanized for a North American audience. *Reviews* "There's something delightful about considering what it would mean to raise animals and then eat them nose to tail, close to the land.", *New York Times Book Review* Summer Reading issue, cookbook roundup "Fearnley-Whittingstall is on a mission, determined to persuade us that the life he writes about is within our reach...Whatever the topic, he is consistently entertaining.", *New York Times Magazine* Included in the Summer Reading Issue, Cookbook Roundup 6/1/08 in the *New York Times Book Review* "An intense and heartfelt almanac of raising and eating organic plants and animals without the intrusive use of slaughterhouses, packaging plants, or grocery stores.", *Publishers Weekly* STARRED review, *Locavore Bible: Cooks so intent on eating locally that they grow their own food will have a definitive tome.*, *Food & Wine*, 100 to Taste List

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