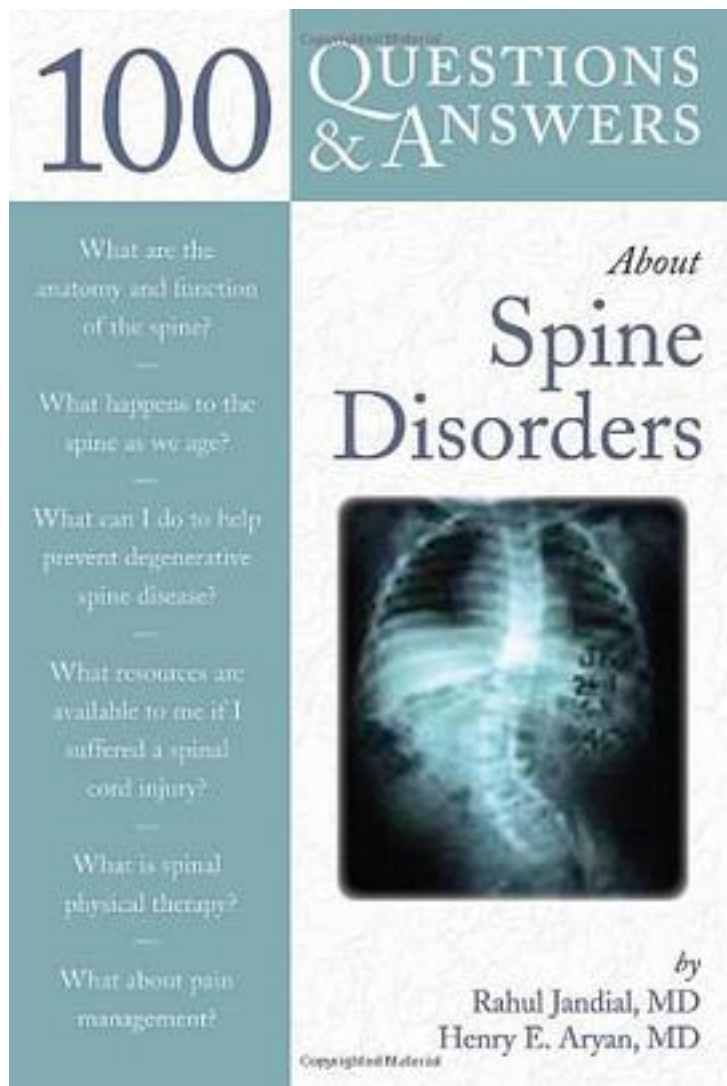


# 100 Questions and Answers About Spine Disorders



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Empower Yourself! Whether you're a newly diagnosed patient, a survivor, or loved one of someone suffering from a spine disorder, this book offers help. The only text available to provide both the doctor's and patient's views, 100 Questions & Answers About Spine Disorders, provides practical, authoritative answers to 100 of the most common questions asked. Written with commentary from actual patients, this is an invaluable resource for anyone struggling with the medical, physical, and emotional turmoil of this disease. This book includes sections on: The healthy spine Spine tumors Spinal cord tumors Spine trauma and fractures Spine degenerative disease (disc herniation and canal narrowing) Scoliosis Spine surgery Spine surgery-minimally invasive Spine infections Pediatric spine diseases Pediatric scoliosis Pediatric spine surgery Non-surgical spine procedures (injections) Spine rehabilitation exercises

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