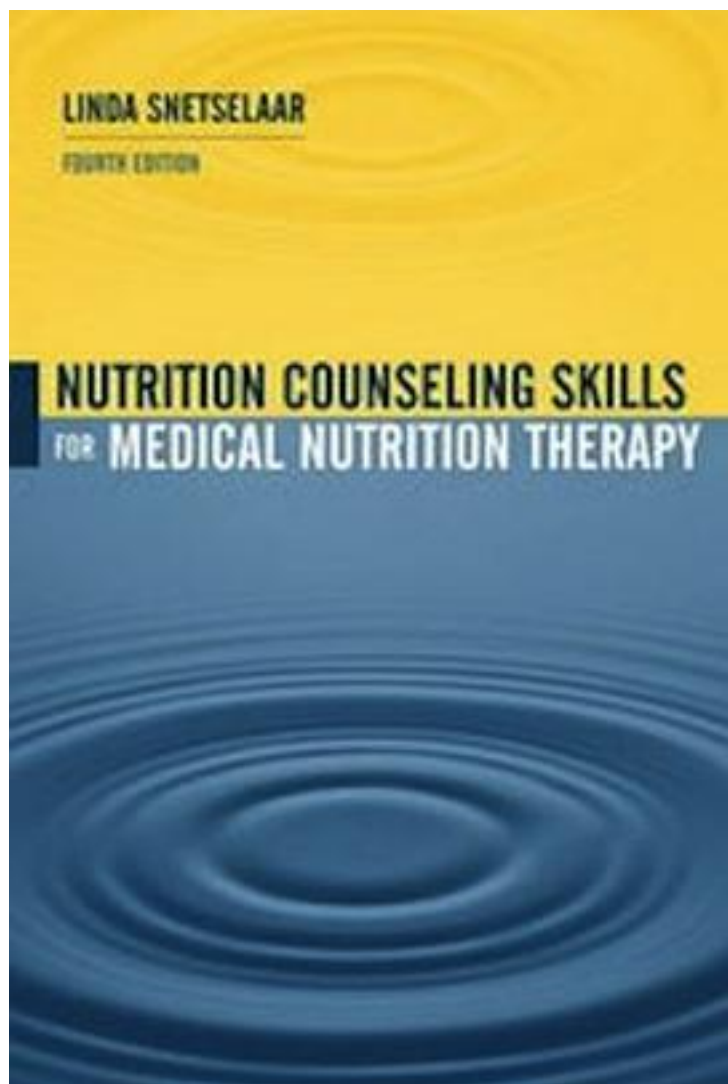


# Nutrition Counseling Skills for the Nutrition Care Process



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Through appropriate counseling and intervention, nutritionists play an important role in encouraging clients to make and maintain dietary changes. Nutrition Counseling Skills for Medical Nutrition Therapy provides the latest counseling theory and communication techniques for clinical and community settings. The Fourth Edition focuses on tailoring intervention strategies to a client's dietary needs through effective interviewing, assessing, and counseling. This revision of a popular text addresses nutrition counseling for conditions such as obesity, heart disease, diabetes, renal disease, hypertension, cancer, eating disorders, and pregnancy.

作者介绍:

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