

# Teaching Middle School Physical Education



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The most comprehensive resource available on teaching middle school physical education is now fully updated. This new edition also includes, a CD-ROM with examples of task cards, software and daily lesson plans, more detailed lesson agendas to help present the information to students and recommended equipment packages to make the job easier when implementing this programme. The book is aimed as a primary or supplemental PE methods textbook. As a resource for teachers for planning curriculum, writing lesson plans and getting new ideas. The book has also been adapted by colleges as a methods book for teaching middle school physical education and teaching secondary physical education. Curriculum planners; physical education supervisors, co-ordinators and consultants; general professional development planners; and school administrators will also use the text in the curriculum development process and for professional development seminars. Designed around the metaphor of a journey, this text provides a blueprint for the development of environment, curriculum, instruction and assessment for middle school based on high-quality physical education guidelines.

作者介绍:

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