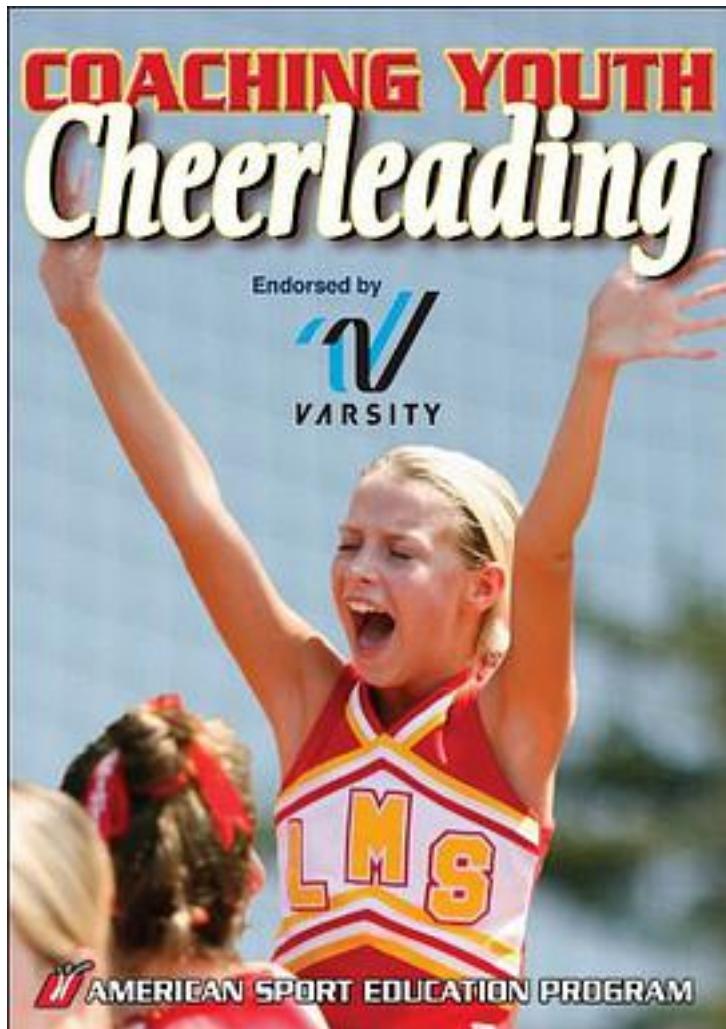


# Coaching Youth Cheerleading



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著者:ASEP

出版者:

出版时间:2009-6

装帧:

isbn:9780736074445

From experienced youth coaches to parents new to coaching, this latest addition to

the "Coaching Youth Series" will be a valuable tool that will help to run a successful cheerleading programme for children 14 and under. Fun, safety and effective instruction are stressed, helping to create an environment that promotes learning, helps your children to enjoy their cheerleading experiences and motivates cheerleaders to turn out year-after-year. This book includes coaching tips to make the book even more practical for the reader, a blueprint for communicating effectively with parents, cheerleaders and other coaches and important safety information. In addition to the general coaching education, this book focuses on specific information such as cheer, sidelines and dances, partner stunts, pyramids, jumps and tumbling. It also includes an appendix with cheerleading terms and game-like drills to help coaches enhance their practices.

作者介绍:

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