

# The Practical Handbook of Homeopathy



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Increasingly, people are turning to homeopathy and they're eager to know more about what's safe and effective. They'll find the trustworthy, comprehensive, and user-friendly advice they're seeking in this supremely practical handbook. It answers all the most frequently asked questions, explaining exactly how homeopathic remedies work, which to choose for specific ailments, and when to call a professional. A huge section is devoted to different aspects of health, starting with accidents and emergencies, and proceeding through every facet of physical and psychological care. Of special interest: a list of 50 commonly needed remedies for acute conditions that can be safely kept in the house and how to store them. With information on diagnosis, treatment, prevention, and cure, this is an invaluable addition to every home.

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