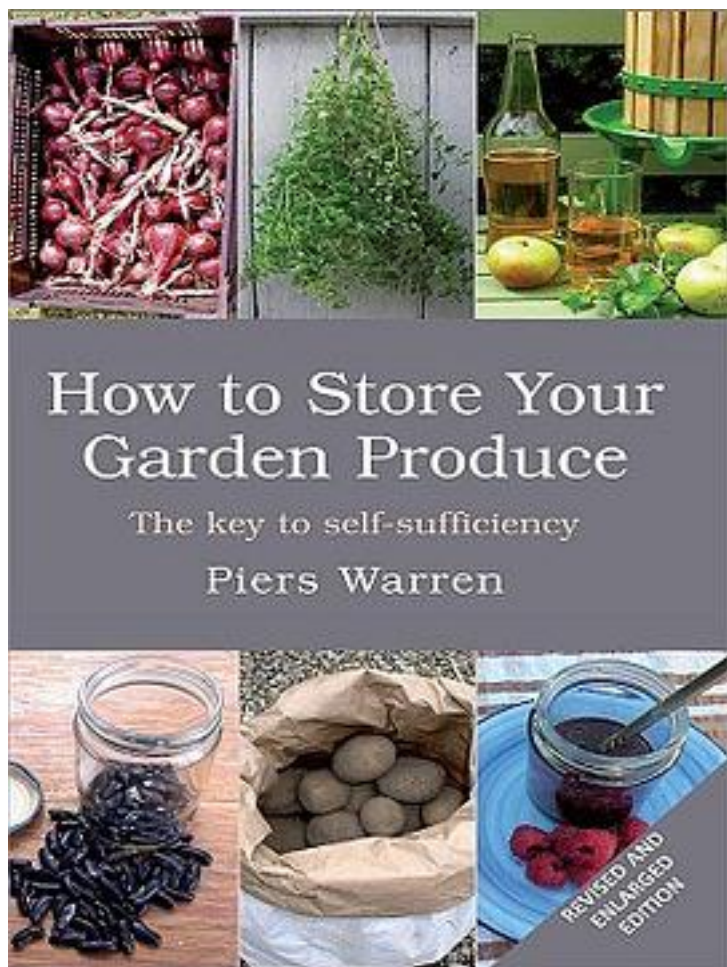


How to Store Your Garden Produce



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How to Store Your Garden Produce -- the key to self-sufficiency is the modern guide to storing and preserving your garden produce, enabling you to eat home-grown

goodness all year round. The easy to use reference section provides applicable storage and preservation techniques for the majority of plant produce grown commonly in gardens and allotments. Why is storing your garden produce the key to self-sufficiency? Because with less than an acre of garden you can grow enough produce to feed a family of four for a year, but as much of the produce will ripen simultaneously in the summer, without proper storage most of it will go to waste and you'll be off to the supermarket again. Learn simple and enjoyable techniques for storing your produce and embrace the wonderful world of self-sufficiency. In the A-Z list of produce, each entry includes recommended varieties, suggested methods of storage and a number of recipes. Everything from how to make your own cider and pickled gerkins to how to string onions and dry your own apple rings. You will know where your food has come from, you will save money, there will be no packaging and you'll be eating tasty local food whilst feeling very good about it.

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