

# Prime



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Dr. Pepper Schwartz has spent the past three decades encouraging women to embrace their sexual appetites. But when she became a single woman after 23 years of marriage, she had to take her own advice and discover how sex and dating could work for her at this unique time in her life. Prime is her story of exploration—sex, adventure, and romance—spread out like a road map for women of every age. Whether you're looking to wake up a tired sex life, start a new relationship, or commit to the love of your life, you can find tempting tips and genuinely helpful guidance. Prime invites every woman to relish her sexuality, take risks, and go after what she really wants.

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