

Stop Clutter from Stealing Your Life



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出版者:

出版时间:2008-3

装帧:

isbn:9781601630087

Clutter is not just a minor annoyance or an organizational challenge. For too many people, it is a monster that can destroy self-esteem and relationships, cause financial problems, and even lead to the unemployment line.

Is "overwhelmed" the first word that comes to mind when you think about your clutter? Are your life and happiness limited by your possessions? If clutter is stealing your life, take it back!

Stop Clutter From Stealing Your Life will convince you that you can truly change your life. Author Mike Nelson overcame his own cluttering behavior and shares his triumphs and struggles with humor and insight. He eliminated one ton of clutter the first year. For seven years, he's helped hundreds of clutterers, founded a support group, and kept his own clutter at bay. You are not your stuff. You are a lot more important.

What's changed in this new edition:

- * More practical ways to keep clutter from coming into your home or office.

- * Proven ways to eliminate computer, financial, and time clutter. * Business and home office de-cluttering tools.
- * Dealing with inherited clutter from relatives.

Stop Clutter From Stealing Your Life combines practical tips and psychological insights to help you change cluttering behavior--permanently. Just keep it away from your "piles."

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目录:

[Stop Clutter from Stealing Your Life_ 下载链接1](#)

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书评

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