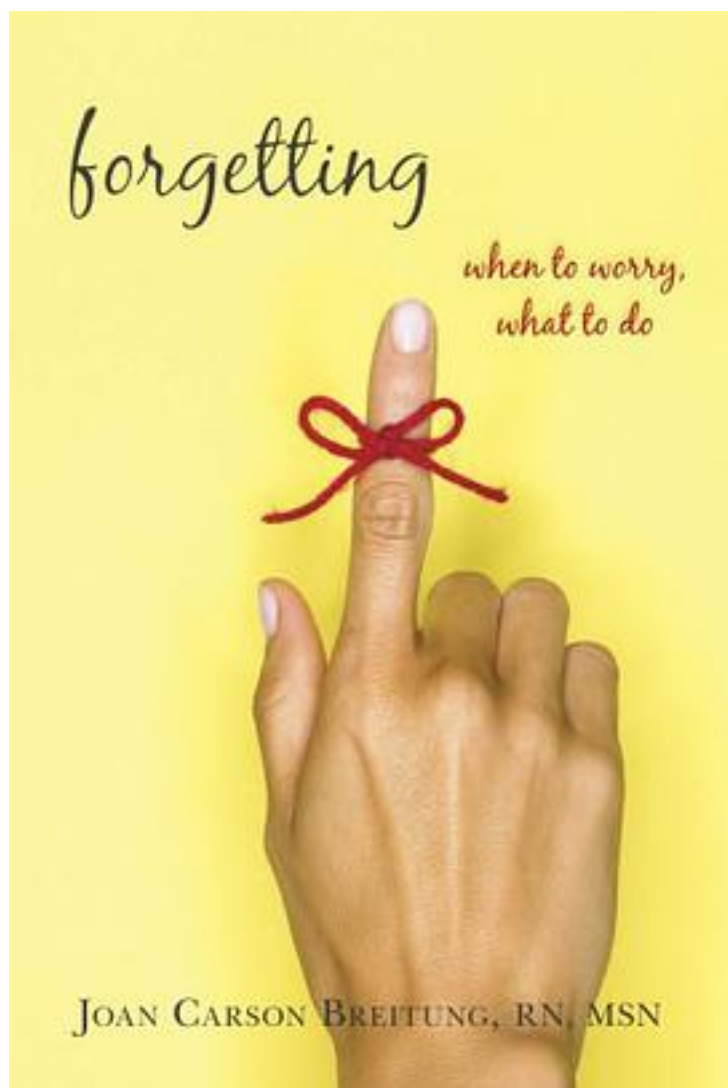


Forgetting



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Memory problems and the accompanying confusion can have any number of causes. As the elderly population swells with the ageing of 77 million baby-boomers, Americans will increasingly face the challenge of trying to understand and cope with problems associated with cognitive decline. This informative, user-friendly guide defines the kinds of memory problems that have straightforward explanations and remedies, as well as those that are more complex and ominous. Joan Carson Breitung, an expert on the mental health of the elderly, clarifies the difference between normal brain ageing and the onset of dementia. Among the important topics included are: Mild Cognitive Impairment; Alzheimer's Disease; Late-Life Depression; Caregivers; Dementia; Falls. A goldmine of useful information, this popular reference work will help anyone facing the cognitive problems associated with ageing.

作者介绍:

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