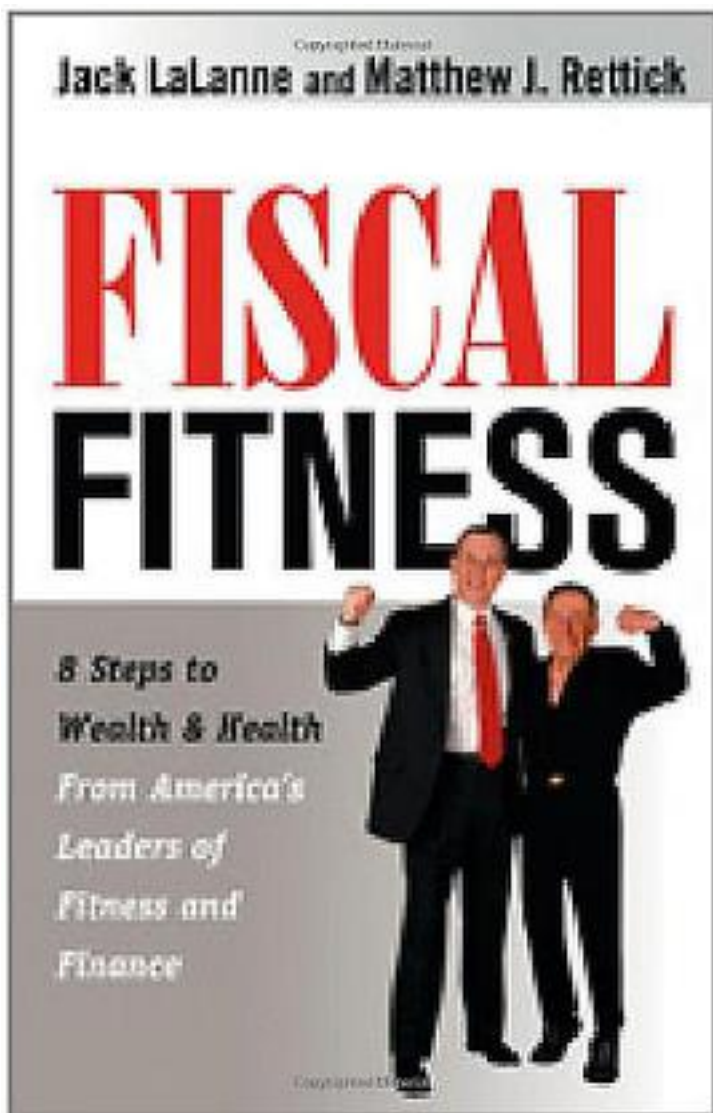


Fiscal Fitness



[Fiscal Fitness_ 下载链接1](#)

著者:Lalanne, Jack/ Rettick, Matthew J.

出版者:

出版时间:2008-3

装帧:

isbn:9781564149886

For many Americans, retirement is not what they had in mind. With so many people living longer than ever before, and many chronic illnesses on the increase, along with personal savings on the decrease, the dream of retirement has become a four-letter word: yuck To change your fortune and your future, meet your personal physical and financial fitness gurus, Jack LaLanne and Matthew J. Rettick. Their easy-to-follow guidance is here in Fiscal Fitness, the first book ever written with a road map to wealth and health in your retirement years. It's about decreasing your aches and pains, increasing your energy, strengthening your financial fitness, eliminating your debts, and gaining peace of mind.

作者介绍:

目录:

[Fiscal Fitness_ 下载链接1](#)

标签

评论

[Fiscal Fitness_ 下载链接1](#)

书评

[Fiscal Fitness_ 下载链接1](#)