

A Taste of Scotland



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The essence of Scottish cooking, with 30 classic recipes shown in 120 evocative photographs Carol Wilson & Christopher Trotter



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The food of Scotland reflects the glorious natural landscape; game from the heather-clad moors and dense forests; fresh fish caught from the seas, lochs and rivers; wild fruits, berries and herbs gathered from the hedgerows, and oats and barley harvested where the terrain allows. The dishes that stem from these ingredients are steeped in local history and tradition. Celebrate the culinary heritage of Scotland in this delightful collection of 30 recipes ranging from the iconic haggis, celebrated in verse by national poet Robert Burns, to the finest shortbreads, bannocks and buns.

作者介绍:

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