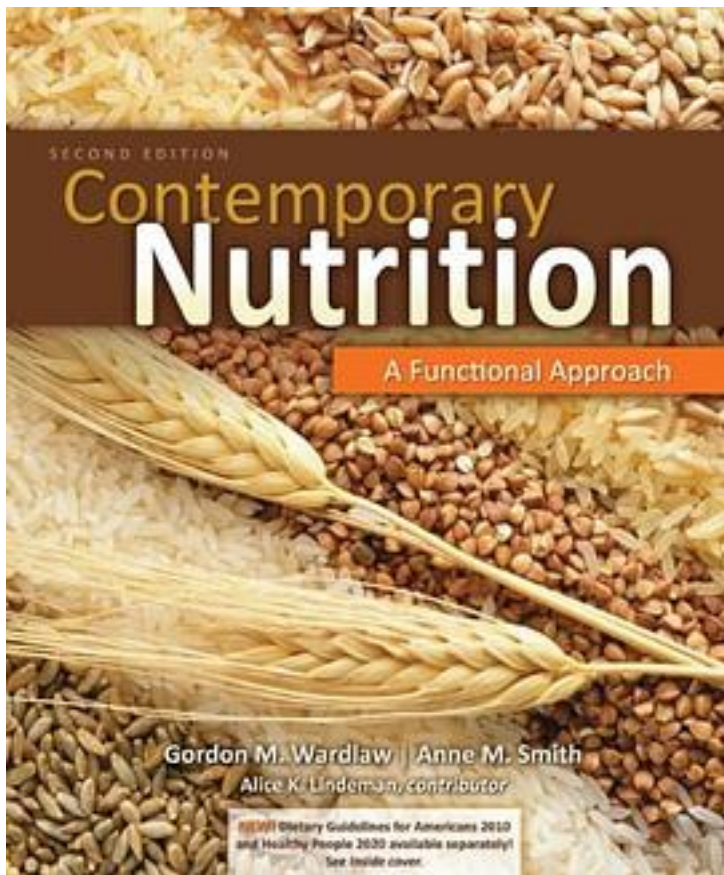


Contemporary Nutrition



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"Contemporary Nutrition: A Functional Approach" is an alternate version of Wardlaw-Smith's "Contemporary Nutrition, Seventh Edition". While "Contemporary Nutrition: A Functional Approach" shares the recognized strengths of the seventh edition, it offers a unique approach to the coverage of vitamins and minerals. It departs from a traditional presentation by instead organizing vitamins and minerals within the

context of physiological functions and the health conditions they influence. The text will provide students who lack a strong science background the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. With their friendly writing style, the authors act as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices.

作者介绍:

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