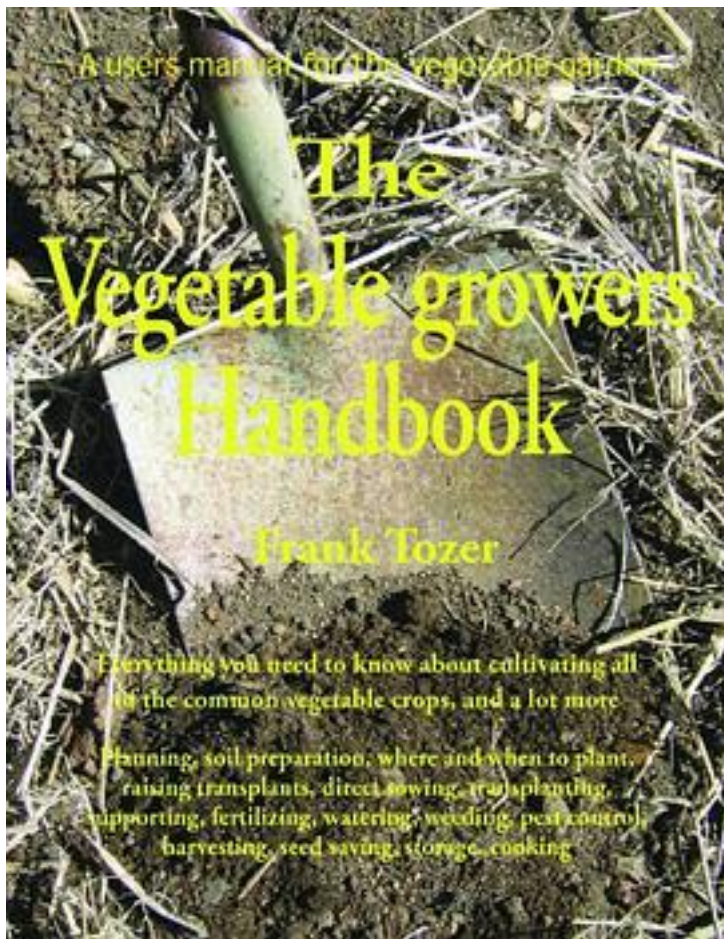


The Vegetable Growers Handbook



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This highly practical book contains all the information you need to successfully grow over 50 common vegetables. There are specific, step by step, instructions for each crop; soil requirements, variety selection, raising transplants, direct sowing, protection,

harvesting, seed saving, storage and more. After telling you what to do (and when), it also tell you why, by explaining in detail how crops grow. A book with imagination, it doesn't stop there, but also discusses many unusual crops, culinary herbs and more. It then goes on to unusual growing ideas, edible flowers, enhanced nutrition foods, additional uses for common crops, and even how to use common edible wild plants and garden weeds. There is also a small selection of outstanding vegetarian recipes. The "Vegetable Grower Handbook" is the companion to "The Organic Gardeners Handbook,"

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