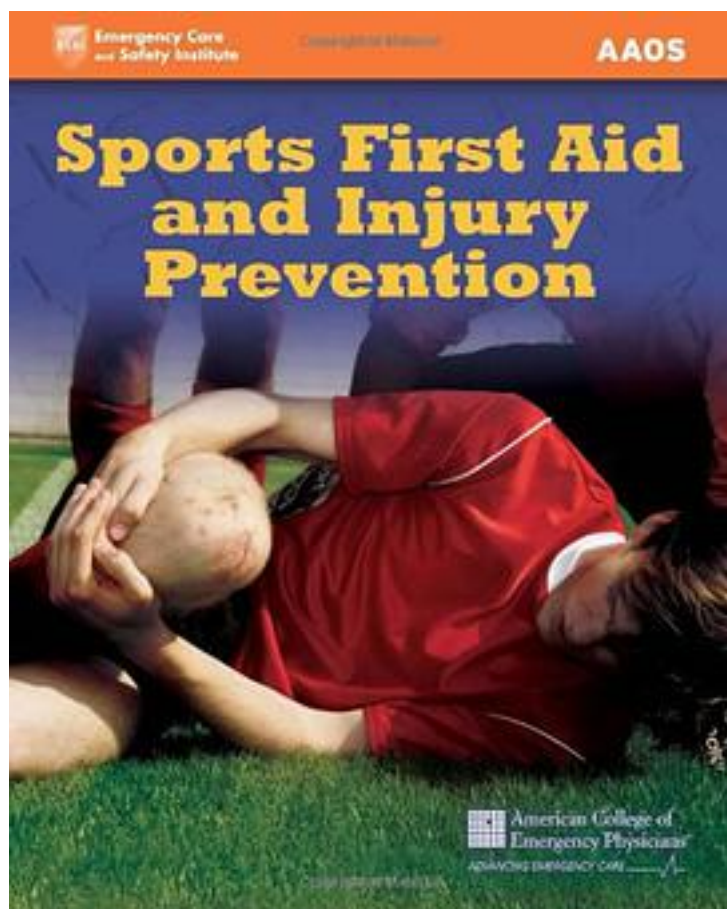


Sports First Aid & Injury Prevention



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Sports First Aid and Injury Prevention is a concise manual developed to help coaches and athletic trainers manage the common emergencies they will likely encounter while coaching their sport. Sports First Aid and Injury Prevention includes: coverage of the

phases of injury and the injury prevention model; prevention tips for sports-related injuries common to specific sports; and follow-up management and prevention algorithms. Sports First Aid and Injury Prevention will help coaches and trainers prevent on-the-field injuries and prepare them to handle medical emergencies should the need arise.

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