

Would I Lie to You?



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Revealing the different types of deception and how to interpret body language and vocal clues, this reference shows how to spot deception from friends, lovers, colleagues, and strangers. Whether in the form of omission, misdirection, evasion, or bald-faced lie, attempts to deceive are ubiquitous in everyday life. With the right tools, inside knowledge from the latest psychological research, and a bit of practice, anyone can improve their ability to sniff out lies--from the well-intentioned white lie to the harmful whopper. Featuring case studies and quizzes to test understanding and developing skill, this is an indispensable guide for anyone who wants to become a better lie detector--or even perfect their own deception techniques.

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目录:

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