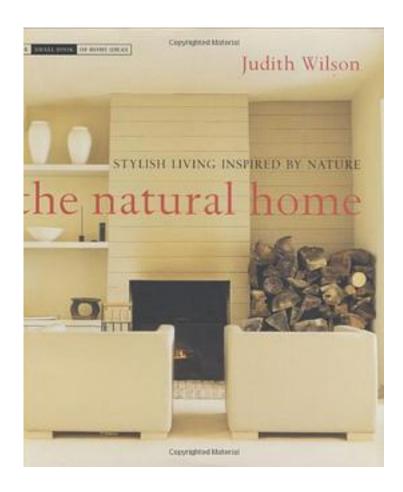
The Natural Home



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The collective consciousness is turning overwhelmingly green, and many of us are looking to live in a more ecologically sound way. That means introducing natural materials and substances into our home, designing it with energy-saving principles in mind and looking more closely at sustainable sources, as well as recycled materials. Yet it's also time to understand that being natural doesn't have to mean sacrificing

style -with the latest ideas, sources and inspirations crowding the market, it is now possible to reinvent 'the natural home' as chic, simple and highly desirable. Creating a natural home is all about making informed choices, but also stamping your own personality onto your environment. The Natural Home shows how to do it stylishly and effortlessly, whilst developing your personal eco-philosophy to see you through the next crucial decade. Judith Wilson describes a variety of natural decorative styles, from coastal and country, to contemporary and retro -proving once and for all that the natural look can be both versatile and sophisticated. With inspirational decorating ideas, including how to conserve energy and recycle effectively; and advice on choosing surfaces, materials and furnishings that are natural, The Natural Home is a timely and revolutionary guide for the modern decorator.

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