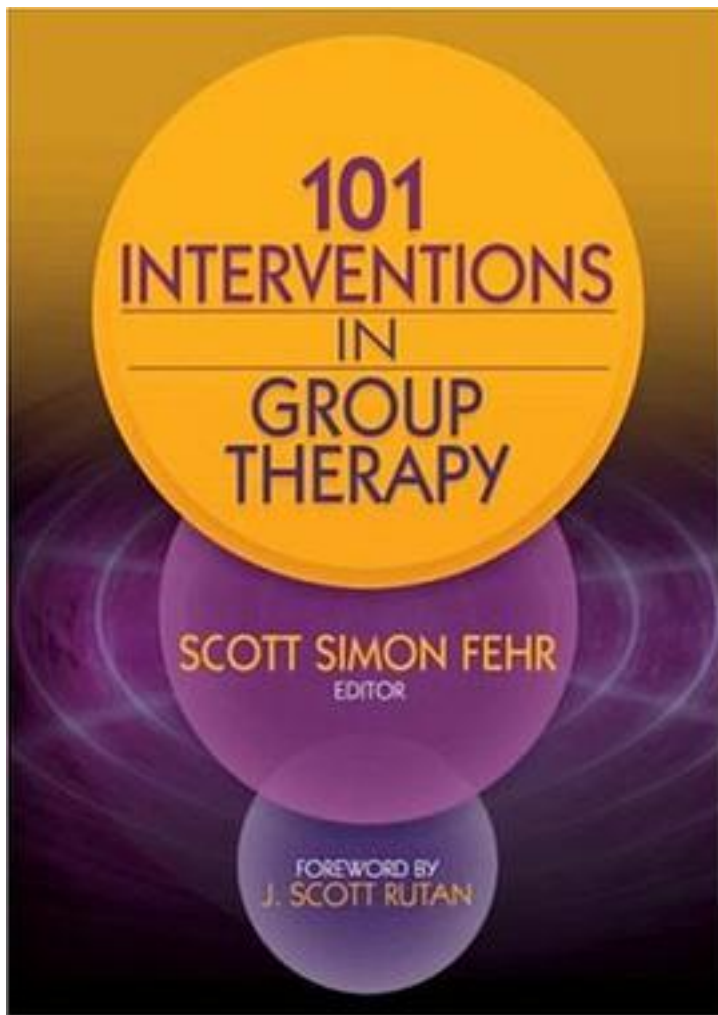


101 Interventions in Group Therapy



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Get the guidance you need in a clear, simple, reader-friendly format! Every clinician

looks for the most effective interventions to apply in group therapy. 101 Interventions in Group Therapy gives practitioners exactly what they are looking for?effective interventions in a clear, simple, reader-friendly format. This comprehensive yet concise guide provides 101 short chapters written by 78 leading well-recognized practitioners explaining step-by-step exactly what to do to provide an effective intervention when something arises in group therapy. Each easy-to-learn intervention is profound in nature and has been shown effective in practice for the author of the chapter. Each chapter in 101 Interventions in Group Therapy is carefully broken down into logical sections for ease of reading and comprehension. This innovative source clearly explains what steps clinicians need to take for the intervention, provides a description of the appropriate instances in which to apply the intervention, what situational conditions to consider, typical client responses, conclusions, and contraindications. Clinicians will find a treasure trove of helpful ideas and creative interventions in this practical resource. Interventions discussed in 101 Interventions in Group Therapy include: who owes you an apology? the group therapist as storyteller animal assisted therapy the use of transitional objects bringing a new member into the group dreams in group therapy the use of humor the use of grammar to increase immediacy and affect silence in group therapy art therapy therapeutic playreading alleviating teachers? stress with a school setting termination ritual diminishing dissociative experiences for war veterans building self-esteem horseback riding workshop responding to aggression nine basic steps necessary for the initiation of a successful group and so much more! 101 Interventions in Group Therapy is a powerful collection of effective interventions for educators, students, and practitioners?and should be on the shelf of every academic library.

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