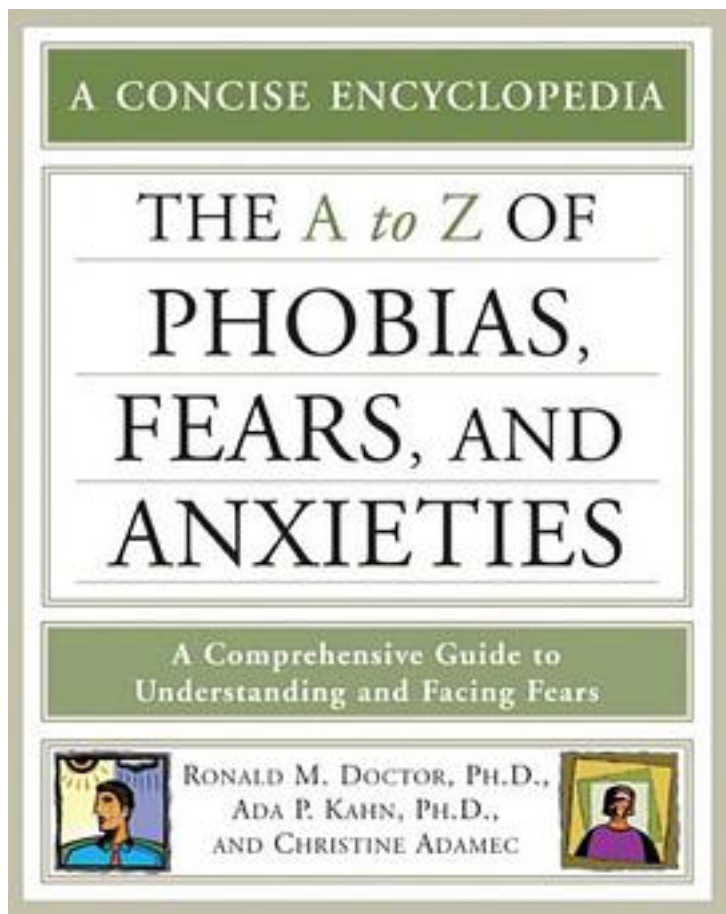


# The A to Z of Phobias, Fears, and Anxieties



[The A to Z of Phobias, Fears, and Anxieties\\_ 下载链接1](#)

著者:Doctor, Ronald M., Ph.D./ Kahn, Ada P./ Adamec, Christine

出版者:

出版时间:2008-3

装帧:

isbn:9780816075584

An estimated 19.2 million adults in the United States' have experienced some form of phobia, ranging from the common fear of large dogs to the unusual fear of gravity, fear of developing a fever, or fear of strange people. Anxiety disorders are the most common form of mental illness in the U.S., afflicting approximately 13.3 percent of all

adults. Although phobias and anxiety disorders can be devastating, there are many effective treatments and therapies that can lead to successful outcomes. The A to Z of Phobias, Fears, and Anxieties covers all aspects of these mental disorders, from the mildest to the severest. More than 2,000 up-to-date entries explain all aspects of this topic, from defining anxieties, fears, and phobias to specific types of phobias, and from causes and symptoms to treatment. An introduction provides a historical overview of the subject, and an appendix includes a helpful directory of resources.

作者介绍:

目录:

[The A to Z of Phobias, Fears, and Anxieties\\_ 下载链接1\\_](#)

标签

评论

-----  
[The A to Z of Phobias, Fears, and Anxieties\\_ 下载链接1\\_](#)

书评

-----  
[The A to Z of Phobias, Fears, and Anxieties\\_ 下载链接1\\_](#)