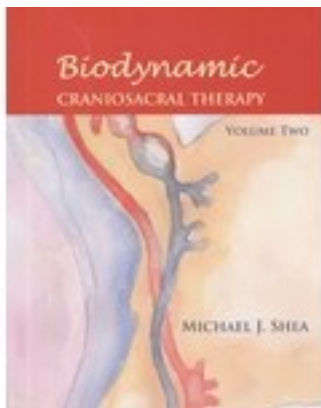


Biodynamic Craniosacral Therapy, Volume Two



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The first volume of Biodynamic Craniosacral Therapy presented the basics of craniosacral therapy as a gentle, compassionate healing art that can be used by psychologists, midwives, chiropractors, and massage and physical therapists. In this second volume, author Michael Shea goes deeper into the entire biodynamic paradigm, analyzing the relationship of trauma resolution, psychodynamics, and shamanism, and providing practical meditations, visualizations, and clinical skills to restore physical, spiritual, and emotional health.

The book opens by exploring the meaning of biodynamic, followed by a discussion of human embryology as a path to healing in any form of therapy. This section offers a set of pioneering techniques based on perceiving stillness—slow movement—as a fundamental healing influence. The next section describes the bridge between trauma resolution therapy and biodynamic work, establishes a new containment model, and offers skills for resolving shock and trauma. A special section contains fresh strategies for anyone working with infants and children, along with a provocative analysis linking the infant-mother relationship to the patient-therapist relationship. Finally, Shea provides a unique perspective on depth psychology, mythology, and healing. This

includes the defining difference between biodynamic craniosacral therapy and all other forms of craniosacral therapy: the focus on the nature of spiritual disease and shamanism.

作者介绍:

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