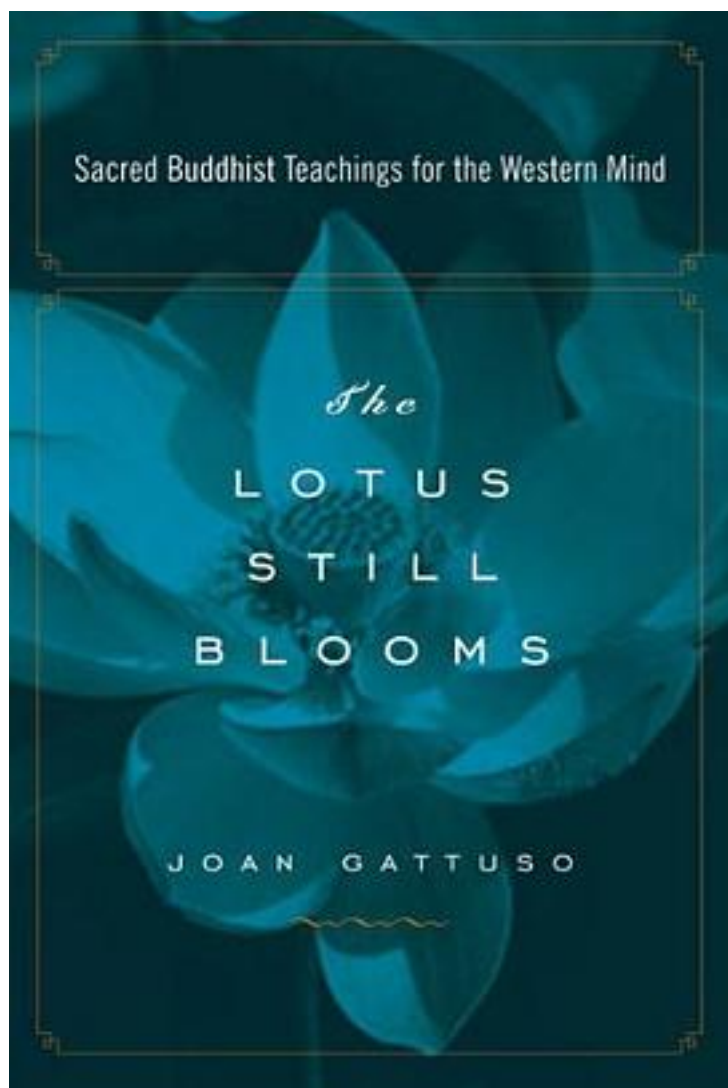


# The Lotus Still Blooms



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Buddhism made simple!

The Lotus Still Blooms is ideal for any reader who wants to understand Buddhist principles but doesn't know where to start.

Eastern wisdom traditions are often baffling for Western minds—where do you begin when trying to understand the often complicated steps, precepts, concepts, and ideas? Aimed at people who are curious about Buddhism and want a basic guide that will help them understand—and apply—Buddhist principles, The Lotus Still Blooms is a practical book that goes through all the major tenets of Buddhism, step-by-step, and then shows how to apply these concepts to our busy, hectic lives.

Filled with Joan Gattuso's trademark delightful stories and warmth, as well as exercises to help readers begin using the principles right away, The Lotus Still Blooms is a welcome introduction to this exciting spiritual tradition.

作者介绍:

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