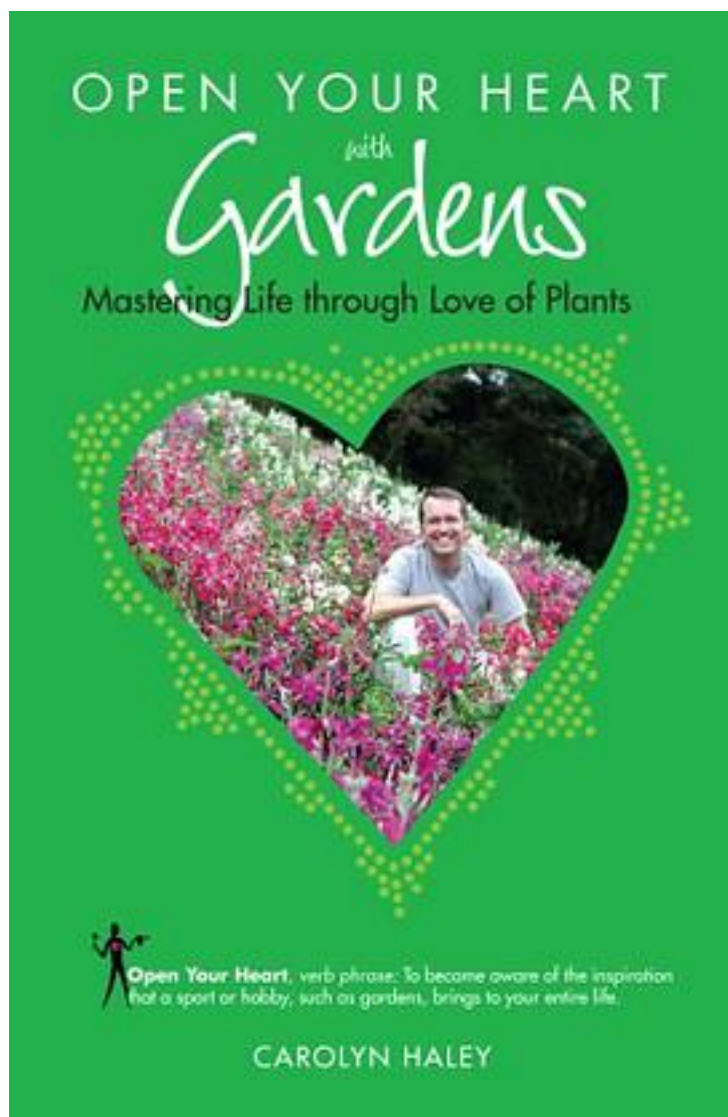


# Open Your Heart with Gardens



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Using a holistic approach to the subject of gardening, shows readers how plants can play a variety of beneficial roles in their life, including food, beauty, therapy, tools, resource, work, exercise, entertainment, education, comfort, and art. Also covers the more unusual aspects of gardening, such as edible plants, microclimates, and lasagna gardens. All readers can benefit emotionally and spiritually from gardens.

作者介绍:

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