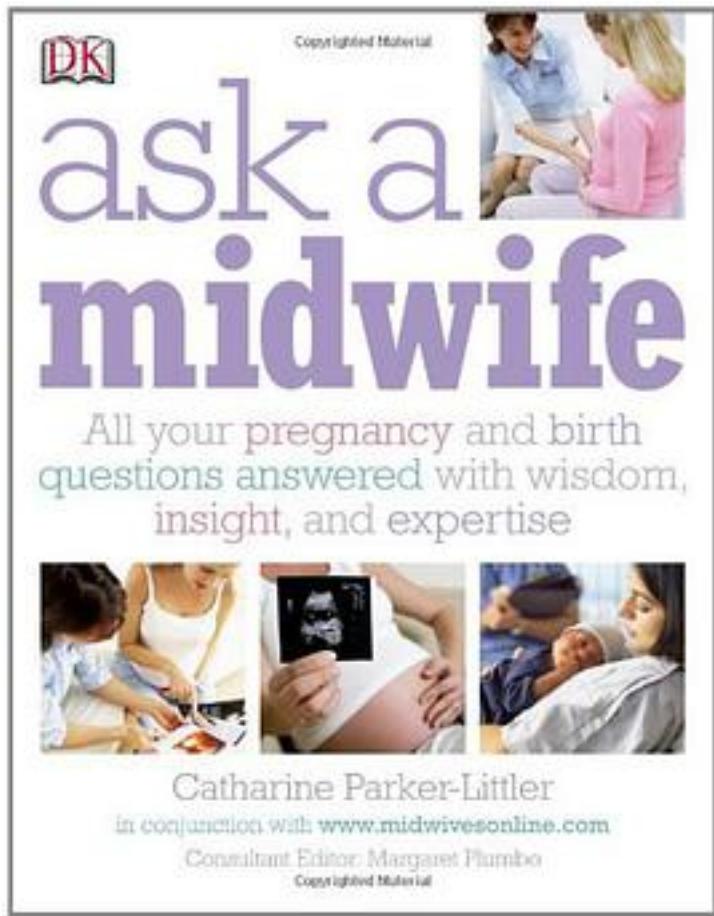


Ask a Midwife



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Here are answers to every kind of question, from the practical ("I'm really overweight-is it safe to diet while I'm pregnant?") to the emotional (I want to go back to work as soon as possible after I give birth-but will it affect my baby?). Mothers-to-be will benefit from the expert yet compassionate advice to questions they may feel uncomfortable asking

their doctor, such as whether artificial tanning will harm their baby or whether they are likely to pass stools when giving birth. This ideal pregnancy companion will inform and reassure all expectant mothers.

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